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NEWS
WORTH
SHARING.



Man facing child porn charges caught by school

Robert William Harris facing
new charges

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Where youth go when there's no where else to go

Former staff say T.O. shelter's low
bar for behaviour is unsafe

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RAONIC STILL 'HUNGRY' AFTER TOUGH U.S. OPEN

NO. 6-RANKED PLAYER HOPES
TO LEAD CANADA TO CRUCIAL
DAVIS CUP WIN

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Khyber avoids sale ... for now

'It isn't a victory.'

Councillors vote to
hold off on disposal
of arts headquarters



RUTH
DAVENPORT

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Halifax regional councillors have voted not to declare the Khyber Building surplus just yet, asking city staff instead to explore options for keeping — and paying for — the historic building on Barrington Street.

Coun. Wayne Mason tabled a motion Tuesday to remove the Khyber from a list of buildings recommended for disposal, saying he wanted more information about the estimated renovation costs, which have ballooned from \$600,000 in 2010 and \$1.65 million in 2013.

"Now we're at \$4.6 million without an explanation of how that number was arrived at and what that involves and what ... choices council could make to manage that number," said Mason. Mason also asked staff to report back on several com-

Quoted

"You could call it the Peggy's Cove of Barrington Street, it's such an iconic structure."

Coun. David Hendsbee

mitments contained in council motions from 2007, 2008 and 2010 — but never acted upon — to use the Khyber building as an arts incubator.

Councillors asked staff to include options and partnerships for covering renovation costs.

"I'm sure there's certain musicians in the room that could put a benefit concert on, right, Mr. Plaskett?" asked Coun. David Hendsbee, peering over his glasses at Halifax singer-songwriter Joel Plaskett in the public gallery.

Plaskett, who's been actively rallying supporters of the Khyber, said after the meeting he was relieved by the council decision, but noted it's only a temporary reprieve. "I think it's promising, but it isn't a victory until the doors open on that place again and we can get back in there," he said.



NIGHT AND DAY IT'S CINDERELLY

Cinderella gets the royal treatment during Neptune Theatre's production of Into the Woods. The opening play for the 2014-15 season premieres Friday night and is one of nine productions taking to the stage. More coverage, page 6. JEFF HARPER/METRO



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FIVE THINGS YOU NEED TO KNOW TODAY

1

SOUNDCHECK

The stage Aerosmith will play on Friday is being set up in Sydney. Cape Fest and will also feature Slash, The Trews, Slowcoaster, Myles Kennedy and The Conspirators, and Breton Rock.

2

BEEN IN A CRASH?

The city's first Collision Report Centre is being launched Wednesday afternoon at Halifax Regional Police headquarters, to (what else?) provide "enhanced collision reporting services."

3

REBUILDING GAZA

The deputy Palestinian prime minister said Tuesday that international donors are hesitant to fund the reconstruction of the Gaza Strip while Hamas stays in control there.

4

PARKING FEE: \$1M

Parking spots under a New York building are going for roughly US\$1 million each – proportionally more than the apartments above, at \$5,000 to \$6,666 per square foot.

5

NEW U2 ALBUM

Irish superstars U2 released their first album in five years, via iTunes on Tuesday. Apple announced it had sent Songs of Innocence for free to half a billion iTunes customers.

Man facing child porn charges spotted near Fairview school



Robert William Harris leaves Halifax provincial court in this photo taken in February. JEFF HARPER/METRO

New charges. Parents get notes, teachers remind kids what to do if approached by a stranger, school ups vigilance on grounds



HALEY RYAN
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Parents of children at École Burton Ettinger School in Fairview received notes Tuesday indicating that a man facing child porn charges had been spotted outside the school's playground.

Halifax Regional Police say Robert William Harris, 47, was seen walking his dog on the sidewalk off Alex Street outside the school around 2:40 p.m. Friday, near the time students are dismissed.

"It's obviously a concern for everyone involved," said Halifax Regional School Board spokesman Doug Hadley.

Police say the incident

Bail conditions

To not communicate with children under 16 years old, not be at any place where children may be expected to be present, remain under curfew, and not to be at any daycare, school ground, playground or community centre.

was reported to police Monday.

Harris was arrested and charged with breaching his bail conditions, which include not being in a place where children may be expected to be present, including schools and daycares.

In February, Harris was arrested after members of the police's integrated Internet Child Exploitation (ICE) unit searched a home on Allan Street in Halifax and seized computer equipment.

Harris was then charged with making available child pornography, accessing child pornography and possession of child pornography.

He is now residing on

Rosedale Avenue, according to court documents, which is around the corner from École Burton Ettinger School.

Metro Halifax has learned Harris was a musical therapist who specializes in working with people, including children, who suffer from autism and mental and physical disabilities.

Police spokesman Const. Pierre Bourdages said there is no evidence to suggest Harris was creating child porn, nor that he spoke to any children on Friday.

"It is concerning given ... he was seen where he's not supposed to be," he said.

Hadley said the teachers talked about the incident in school using "age-appropriate language" and what to do if approached by a stranger.

The school is also revisiting "vigilance on school grounds" during recess and dismissal times, Hadley said.

"The staff are ensuring that they're out on the playground, and that they are keeping an eye out," he said.

Harris is due to appear back in court on Sept. 25.

11 NEWS

My mom taught me...

it's better to be kind than to be right, a girl can be anything she wants to be, it costs nothing to give someone a helping hand, and to
always choose Baxter.



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November

See Kenny Rogers at Metro Centre

Country music icon Kenny Rogers is coming to town this November.

The legendary entertainer will be hitting the stage at the Halifax Metro Centre on Nov. 21 for his 33rd annual Christmas and Hits Through the Years Tour.



Kenny Rogers
GETTY IMAGES

The tour will feature Rogers performing a medley of his biggest hits, along with classic holiday favourites.

Tickets goes on sale Friday at 10 a.m. through Ticket Atlantic. Prices range from \$72.50 to \$82.50.

METRO

Performance

Residents satisfied with municipal government: Poll

Seven in 10 Haligonians say they are happy with the performance of their local municipal government, according to a new survey.

A total of 400 residents were surveyed as part of a

study by Halifax-based Corporate Research Associates Inc. from July 21 to Aug. 6.

The results found that 70 per cent of people in Halifax were completely or mostly satisfied with their local government under Mayor Mike Savage and 16 councillors, up five percentage points from a year ago.

The margin of error for the poll is plus-or-minus 4.9 percentage points. **METRO**

Greenwood

Police praise citizen who followed impaired driver

Police in Halifax are singing the praises of a concerned citizen who they say followed an impaired driver.

At 5:20 p.m. Tuesday, police say the citizen saw the impaired man leaving a

restaurant and getting into his vehicle around Portland Street in Dartmouth.

The citizen followed the driver in his vehicle, keeping police informed of his location the entire time.

Eventually, the impaired driver got into an accident on Woodland Avenue near Ryland Avenue, police said.

A 26-year-old suspect was arrested without incident. **METRO**

Halifax Water: what's on tap?

City hall. Changes to commission's governance await further study by council

The debate about changing the governance model of the Halifax Regional Water Commission coalesced around two clichés: If it ain't broke, don't fix it, and hope for the best but plan for the worst.

Coun. Steve Craig tabled the motion Tuesday, based on a staff report, to make regional council the sole shareholder of the water commission, giving it direct oversight and authority on certain financial elements such as business plans, new service areas and salaries.

However, several veteran councillors — many of whom have served on the water commission's board — opposed the recommendations, saying there is no need to add another layer of bureaucracy to a body that's functioning just fine under its current governance structure.

"To me, this report is confirmation of what the water commission is doing right now," said Coun. Barry

Quoted

"If it ain't broke, don't fix it? If it ain't broke, we can make it better."

Coun. Steve Craig

Dalrymple.

"There's hardly anything here I can find as a recommendation that's not already being done at Halifax Water."

Coun. Wayne Mason, however, said council should take the opportunity to improve its oversight proactively, rather than waiting until after something goes awry.

"Everything's going great right now with the people we have at this moment in time," he said.

"But if any of the bad things that ... we could all contemplate happened, we don't have any of these things lined up to deal with them."

Council voted to defer two recommendations to the executive standing committee for further discussion, in co-operation with Halifax Water managers. A third recommendation, to investigate opportunities for shared services, was approved.

RUTH DAVENPORT/METRO



Out and about

Roofers work on Halifax's iconic clock tower on Tuesday afternoon during what was a cooler summer day. Temperatures reached 18 C on Tuesday, with sunshine and a high of 21 C forecast for Wednesday. **JEFF HARPER/METRO**

Open-air burning bylaw gets a pass

A new open-air burning bylaw that brings municipal regulations in line with new provincial laws passed second reading on Tuesday.

The second reading in-

cluded an amendment to ban campfires, defined as strictly recreational fires, outside of actual campgrounds in a "permit-required zone."

Another amendment bans

outdoor fires Oct. 16 through March 14 from midnight to 8 a.m.; and then from March 15 through Oct. 15 from midnight to 2 p.m.

The amended bylaw also

clarifies that outdoor wood-burning appliances can be used without a permit, provided they're not on a wooden deck and are at least 15 feet from any home. **METRO**

Council urged to commit to new active transportation plan



A cyclist heads across the MacDonald Bridge in this file photo.

JEFF HARPER/METRO

A new five-year active transportation plan is being described as the footings of the master plan approved in 2006.

Coun. Jennifer Watts tabled the final version of the 2014-19 Active Transportation Priorities Plan during Tuesday's regional council meeting, saying it begins to close some of the gaps left by spotty funding for the enormous, comprehensive plan of eight years ago.

"We picked off projects

Quoted

"This is doable and council has to commit to this."

Coun. Linda Mosher

which were inexpensive, where we had synergies with other developments, but there's not a cohesive or connected plan that we have today for our AT work," she explained.

The new five-year priority

plan focuses on connectivity with a particular emphasis on walking and cycling, moving toward a "modal shift" away from cars and toward buses, bikes and walking.

Although most councillors applauded the work, and in particular the public input that went into the plan, there were concerns about omissions of trails or sidewalks in specific districts.

The transportation standing committee, which approved the plan in July, was

also concerned by the modest plans for bike lanes (just five kilometres' worth) in the regional centre.

Watts urged councillors to try to think long-term when looking at the plan.

"The original plan was the foundation. This plan is like putting the footings in," she said. "We don't have all the doors and windows yet. So there's things that are going to be missing ... but this is how we're building our plan."

RUTH DAVENPORT/METRO

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Halifax Regional Police. Two members named to national Order of Merit

Halifax Regional Police Chief Jean-Michel Blais and Supt. Robin McNeil were honoured Tuesday for their hard work in improving services at home and abroad.

Both were invested in the national Order of Merit of the Police Forces at a ceremony hosted by order chancellor and Gov. Gen. David Johnston at Rideau Hall in Ottawa.

Chief Blais was honoured "for his exemplary leadership, particularly in international policing and police oversight," an HRP news release says.

Supt. McNeil was recognized for his work in "advancing policing on an international level," including a year-long mission in Afghan-



Jean-Michel Blais. METRO FILE

istan, the release says.

The Order of Merit of the Police Forces recognizes contributions that "extend beyond protection of the community." **METRO**

Fairview. 73-year-old driver charged after hitting man in crosswalk

A 73-year-old man has been charged in the city's latest accident involving a pedestrian being hit in a crosswalk.

The accident happened at the intersection of Main Avenue and Titus Street around 9:10 p.m. Monday.

Police say a 54-year-old man was crossing at Titus in a marked crosswalk when

he was hit by the driver, who was making a right-hand turn.

The victim suffered minor injuries and was taken by paramedics to the QEII hospital.

The 73-year-old man has been charged under the Motor Vehicle Act for failing to yield to a pedestrian in a crosswalk. **METRO**

Suspected shoplifter

Cops cleared after suspect jumps off roof during chase

Three Nova Scotia police officers have been cleared of wrongdoing in the July arrest of a suspected shoplifter who jumped off a building's roof before he was apprehended.

The province's Serious Incident Response Team says the 26-year-old man broke his heel on the landing, bringing a foot chase by Bridgewater police to an abrupt end.

The team, which investigates serious incidents involving police, says the three officers had a duty to attempt to capture the man after he allegedly stole a cart full of food from a grocery store.

THE CANADIAN PRESS

Innovatia

N.B. tech firm expanding into Halifax

A New Brunswick company offering technical training and support to international clients is expanding to Halifax.

Nova Scotia Business Inc. says it has signed a five-year payroll rebate agreement with Innovatia, which is headquartered in Saint John.

Under the agreement, Innovatia must create at least 15 full-time equivalent jobs in the first year.

It would then be eligible for a payroll rebate for up to 100 new positions.

Innovatia was created in 1999 and employs more than 500 people worldwide.

THE CANADIAN PRESS



The cast of Neptune Theatre's production of *Into the Woods* performs a number from the musical on Tuesday. JEFF HARPER/METRO

New season No. 52 for Neptune Theatre

Not your typical Disney classic. Theatre premieres musical *Into the Woods* this Friday

Be careful what you wish for.

That's the premise behind *Into the Woods*, the Tony-Award winning musical that premieres in Halifax on Friday, kicking off the Neptune Theatre's 52nd season.

Directed by the theatre's artistic director, George Pothitos, the play is an imaginative re-telling of the Brothers

Grimm fairy tales, with some new twists that makes audiences question if what they wish for in life is really what they want.

Actor Jon Osbaldeston, who audiences may recognize from his role in last season's production of *A Christmas Carol*, plays the story's narrator, and follows Cinderella, Little Red Riding Hood and their cast of fabled friends as they go into the woods in search of happiness.

"There's an awful lot to talk about in terms of life lessons and relationships," Osbaldeston said Tuesday. "But at the

same time, it's really funny."

Although fairy tales can bring smiles to the faces of audience at any age, the actor says parents with young children should know the play is a bit edgy — not your typical Disney classic.

But the play is only one of nine performances to choose from in this season's lineup. With a variety of musicals, dramas and comedies, Pothitos says, audiences will be taken on a "theatrical journey."

From two plays about the untold lives of Canadian prime ministers to the Adams Family, to a touching

story between a father and a musical about a national war hero, "you don't have to have the same meal twice," he said.

"It becomes nostalgic, it becomes present, it becomes fantastical and then it becomes a really fun history lessons," Pothitos said.

Pothitos encourages audiences to take a chance, believes everyone can find their happy ending at the theatre this season.

"If you've never seen a play, come to a play ... what's the worst that can happen? You might have a great time," he said. **STEPHANIE TAYLOR/FOR METRO**

Inspired by history

Canadian feel coming to the Halifax stage

The variety of plays inspired by Canadian history is one of the most unique features of the upcoming season at Neptune Theatre,

artistic director George Pothitos said on Tuesday.

Audiences will have the chance to take an intimate look at the spiritual life of former prime minister William Lyon Mackenzie King in Allan Stratton's *REXY!*, as well as hear what Pierre Elliot Trudeau got up to after he left politics in

Trudeau Stories, the one-woman show by Brooke Johnson. The life of one of Canada's most-decorated First World War heroes will also hit the stage, in the musical *Billy Bishop Goes to War*.

In total, five of the season's nine plays are Canadian-based.



George Pothitos
JEFF HARPER/METRO

Atlantic Film Festival brings up-and-coming stars to Halifax

Ready the red carpet.

Festival kicks off with Elephant Song, starring acclaimed Xavier Dolan



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As the Atlantic Film Festival (AFF) draws closer and closer, executive director Wayne Carter said staff are busy running around Halifax, confirming which guests are coming and setting up a big screen in the Rebecca Cohn Auditorium.

The festival opens Thursday night with a red-carpet gala for the Canadian film Elephant Song.

Carter said he's excited for the glitzy premiere, where the "grand slam" of Elephant Song star Xavier Dolan, director Charles Binamé and writer

Nicolas Billon will be in attendance.

"We're very, very fortunate to have (Dolan)," Carter said. "He is probably without a doubt the most exciting thing happening in Canadian cinema."

In Elephant Song, he plays a troubled patient obsessed with elephants, the last person to see an eminent psychiatrist before he disappears.

The Toronto International Film Festival (TIFF) running right before AFF can sometimes compete with local programming. However, since many of the hot tickets at TIFF are also running in Halifax, Carter said there has been a boost in sales for screenings like Nightcrawler with Jake Gyllenhaal.

While the festival has dozens of artistic, local and foreign films — Carter highlighted Goodbye to Language 3D by legendary director Jean-Luc Godard — getting a peek at big-name films before they hit



Xavier Dolan and Catherine Keener in Elephant Song. CONTRIBUTED

theatres is a huge draw.

Some of the larger titles include: The Disappearance of Eleanor Rigby, with James

McAvoy; Foxcatcher, featuring Channing Tatum and Mark Ruffalo; and David Cronenberg's dark comedy about Hollywood,

called Maps to the Stars.

"There's lots of films for people who just like to go to the movies," Carter said.

Festival first

Film fest gets great new soundtrack

For the first time, the Atlantic Film Festival is hosting a Festival Music House Atlantic at the Marquee Ballroom on Gottingen Street this Saturday night.

The lineup includes the Tragically Hip's Gord Downie, the Sadies, Ben Caplan, Mo Kenney and Jenn Grant.

There are no tickets available for the show, but admission to the concert and gala parties is included for all festival pass holders and Strategic Partners Delegates.

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Flying high. Drug use rising among pilots, study shows

Tests of pilots killed in plane crashes over more than two decades show an increasing use of both legal and illegal drugs, including some that could impair flying, according to a study released Tuesday by the National Transportation Safety Board.

The study examined toxicology reports for almost 6,700 pilots killed in crashes from 1990 to 2012. Not only did the share of pilots testing positive for a drug increase over that period, but the share of pilots who tested positive for multiple drugs increased as well.

Pilots testing positive for at least one drug increased from 9.6 per cent to 39 per cent, while positive tests for two drugs rose from two per cent to 20 per cent and three drugs from zero to 8.3 per cent.

Over the same period, new drugs were coming into use and the U.S. population was

aging, creating greater demand for drugs. The toxicology tests "reflect trends in the general population and likely indicate a significant increase in drug use" by pilots as well, the study said.

The most common drug found in the tests was an antihistamine that causes drowsiness and is a key ingredient in many over-the-counter medications for allergies, colds and sleep.

Sedating antihistamines in general were found in 9.9 per cent of pilots tested during the last five years studied, up from 2.1 per cent of the cases during the early years examined.

The share of pilots testing positive for illegal drugs was small, but increased from 2.3 per cent to 3.8 per cent. The study attributed the increase mostly to greater marijuana use in the past 10 years.

THE ASSOCIATED PRESS



Investigators work at the scene of a single-engine plane crash on Tuesday in a field in Watertown, Conn. JIM SHANNON/THE ASSOCIATED PRESS

Modern French women shy from 'le topless' days of old

A change of season. Elle poll finds what was once a feminist statement is now considered passé by young French women

France's summer is fast becoming a memory, and so is one of its iconic beach sights: the topless woman.

As few as two per cent of French women under the age of 35 now say they want to bare their breasts, according to an Elle magazine poll this summer. It's a far cry from the once-ubiquitous scenes of semi-nudity on the French Riviera, epitomized by 1960s blond bombshell Brigitte Bardot.

"It's seen as vulgar. People are more prudish these days," explains 60-year-old Muriel Trazie, keeping her breasts out of the public eye while sunning herself on Paris Plages, the French capital's summer beach.

Sandra Riahi, 22, in a bikini, chimed in: "I've never done it. I'd be too embarrassed."

In the 1960s, it took a country like France to make feminism sexy — and women did it by going topless on the beach. "Men don't have to wear bikini tops, so why should we?" the feminists cried. The boundary-breaking became risqué trend-setting — when photos of La Bardot posing topless in



In this 2014 photo, tourists take advantage of the Paris Plage event, an artificial beach set up on the right bank of the Seine river in Paris with palm trees, outdoor showers and hammocks. France's summer is fast becoming a memory, and so is one of its iconic beach sights: The topless woman. JACQUES BRINON/THE ASSOCIATED PRESS

the Cote d'Azur were beamed around the world.

When France stood up to a conservative backlash and refused to ban topless bathing in the 1970s, wearing the "monokini" — the bikini bottom without the top — became a symbol of Gallic pride.

But times change, and so do bathing suits. Some link the demise of "le topless" to a simple change in French fashion styles — with a recent

trend for full swimsuits, and ones that accentuate the bottom. But sociologists claim that the trend should be taken more seriously, with some suggesting that French women have forgotten the achievements of feminism.

"French young women today are more conformist. They've already attained freedom ... So they've gotten lazy and taken it for granted," said Jean-Claude Kauffman, author

of Women's Bodies, Men's Gaze — Sociology of Naked Breasts.

Nathan Assouline, a 22-year-old beach monitor, said some could be discouraged by the rise in popularity of phone cameras, for fear their photos may end up on social media.

"I see lots of old men loitering around here," he said. "I have to stop them from taking photos on their phones. It happens all the time."

THE ASSOCIATED PRESS

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Man-made pollution. 2013 CO2 levels at record high, UN weather agency says

Carbon dioxide (CO2) levels in the atmosphere reached a record high in 2013 as increasing levels of man-made pollution transform the planet, the UN weather agency said Tuesday.

The heat-trapping gas blamed for the largest share of global warming rose to global concentrations of 396 parts per million (ppm) last year, the biggest year-to-year change in three decades, the World Meteorological Organization said in an annual report.

That's an increase of 2.9 ppm from the previous year and is 42 per cent higher than before the Industrial Age, when levels were about 280 ppm.

Based on the current rate,

the world's carbon dioxide pollution level is expected to cross the 400 ppm threshold by 2016, said WMO Secretary-General Michel Jarraud.

That is way beyond the 350 ppm that some scientists and environmental groups promote as a safe level and which was last seen in 1987.

Emissions are growing mainly in China and other large developing countries as their economies expand. So far developed and developing countries have failed to reach a binding pact that would curb emissions globally.

Concentrations of CO2 build up over time because it stays in the atmosphere for decades.

THE ASSOCIATED PRESS

Consensus on one thing

Supreme Court may decide to take up question of gay marriage

Both sides in the gay marriage debate agree on one thing: The Supreme Court ought to settle the matter.

The consensus makes it likely that the justices soon will agree to take up the question of whether the Constitution forbids states from defining marriage as the union of a man and woman. A final ruling isn't likely before June 2015, but a decision to get involved could come as soon as the end of this month. Officials in five states in which marriage bans were struck down by federal courts have sent appeals to the Supreme Court. THE ASSOCIATED PRESS

Obama hints he may extend U.S. campaign against ISIS

Broader strategy. May include more wide-ranging airstrikes against targets in Iraq and possibly Syria

U.S. President Barack Obama told congressional leaders Tuesday that he has the authority he needs to carry out a broader campaign to root out the violent extremists in Iraq and Syria, a day before outlining his plans to the American people in a prime-time address.

The White House said the president told lawmakers that he still would welcome action from Congress that "would aid the overall effort and demonstrate to the world that the United States is united in defeating the threat" from the Islamic State of Iraq and al-Sham (ISIS). That could take the form of congressional authorization to fund counterterrorism efforts, as well as



In this Sept. 4 photo, U.S. President Barack Obama shakes hands with Jordan's King Abdullah II during their meeting at the NATO summit in Wales. As the U.S. looks to stitch together a coalition to tackle ISIS, the Obama administration will have to overcome the reluctance of Mideast allies who are deeply frustrated with a White House they believe has been naïve, fickle and weak on Syria's civil war. CHARLES DHARAPAK/THE ASSOCIATED PRESS FILE

train and equip more moderate elements of the Syrian opposition.

The president's broader strategy to confront the ISIS militants may also include more wide-ranging airstrikes against targets in Iraq and pos-

sibly in Syria.

The U.S. began launching limited airstrikes against ISIS targets in Iraq in August, action that occurred at the invitation of the Iraqi government but without specific authorization from Congress.

Even before Obama's meeting with congressional leaders, some lawmakers had suggested a vote on the president's plans was unlikely before the midterm elections in November.

THE ASSOCIATED PRESS

Flight 17. Dutch report says plane hit in midair

A child's jump rope, its yellow handles blistered and charred; a burned book in Tagalog; chunks of twisted fuselage: More than seven weeks after being shot from the sky, the wreckage from Malaysia Airlines Flight 17 still lay strewn Tuesday across the fields of eastern Ukraine.

As evidence of the July 17 aviation disaster that killed all 298 people on board remained exposed to the elements, investigators hundreds of miles away in the Netherlands — who have not yet visited the crash site because it is deemed too danger-

ous — released a preliminary report that left key questions unanswered.

The plane had no mechanical or other technical problem in the seconds before it broke up in the sky after being struck by multiple "high-energy objects from outside the aircraft," the report said.

There were multiple punctures in the cockpit and front section of the fuselage, it said — damage that could be caused by a missile that detonates in front of its target and peppers it with small chunks of metal.

THE ASSOCIATED PRESS

Pakistan, India

Raging floods kill hundreds

Monsoon floods sweeping across India and Pakistan have killed more than 440 people, authorities said Tuesday, warning hundreds of thousands more to be prepared to flee their homes as helicopters and boats raced

to save marooned victims.

Authorities in Pakistan say the floods, which began Sept. 3, are the worst since massive flooding killed 1,700 people in 2010. Pakistan's minister for water and power, Khwaja Mohammad Asif, warned parliament that some 700,000 people have been told to leave their homes, which could be inundated in the next four days. THE ASSOCIATED PRESS

Guantanamo Bay. Syrian prisoner deteriorating as transfer to Uruguay stalls

At about 155 pounds, the Syrian prisoner is gaunt for a man over six feet tall. He is pale and weak, so lethargic at times that one of his lawyers said he had to lie on the floor when he met with her one day this summer at the prison on the U.S. Navy base at Guantanamo Bay, Cuba.

The hunger strike that 43-year-old Abu Wa'el Dhiab started 18 months ago to protest his indefinite confinement without charge was supposed to be over by now. He was told in the spring he would be resettled in Uruguay, along with five other Guantanamo prisoners. But as the months have dragged on and the transfer put on hold, his standoff with military officials has only deteriorated, at times turning violent.

"Everyone who has seen him recently is alarmed," said Alka Pradhan, one of his attorneys.

The prisoner has been engaged in a tense struggle with guards in recent months, according to documents filed in federal court in Washington, where Dhiab, who has been fed through a nasal tube to prevent starvation, is challenging some of the tactics used by the military to deal with

prisoners on hunger strike.

In July, the Pentagon gave Congress a legally required 30-day notice that it intended to transfer Dhiab and five other Guantanamo prisoners (three other Syrians, a Tunisian and a Palestinian) to Uruguay, where President Jose Mujica, a leftist former political prisoner, offered to accept them as a humanitarian gesture.

The other prisoners have kept a much lower profile at Guantanamo than Dhiab, so little is known about them. But they are among the several dozen prisoners who cannot return to their homelands because they would face persecution or because their own countries are considered unstable.

The transfer to Uruguay, where one poll shows it is opposed by a majority is not imminent, however. Presidential spokesman Diego Canepa announced last week that aspects of the transfer were still being finalized and that it would be unlikely within the next two to three months.

That would put it past Uruguay's Oct. 26 presidential and legislative elections, and perhaps even a possible Nov. 30 runoff. THE ASSOCIATED PRESS

Central Africa

Scores of women and children freed from fugitive warlord

A watchdog group says more than 70 women and children have been freed over the past month from the Lord's Resistance Army rebel group, whose leader is the subject of an international manhunt involving U.S. troops.

Invisible Children said Tuesday that 12 of the abductees managed to escape following clashes between rebels and security forces in Congo between Aug. 23 and 25.

The rebel group is increasingly degraded amid a hunt for its fugitive commanders in the jungles of central Africa. Some commanders have recently defected and turned themselves in to Ugandan troops.

Kasper Agger of the watchdog group Enough Project said it was possible that rebel commanders are releasing women and children in order to give the group more mobility amid military pressure.

THE ASSOCIATED PRESS

DISTRICT BOUNDARY REVIEW 2014

The Municipal Government Act (MGA) requires that all municipalities in Nova Scotia conduct a review of the number and boundaries of polling districts in the municipality on a regular basis. The final decision on municipal polling districts and boundaries is made by the Nova Scotia Utility and Review Board (NSUARB) and is binding on the municipality.

A substantial review was conducted in 2010-2011 which led to a reduction in the number of districts and altered polling district boundaries. The 2012 municipal election was conducted based on those new boundaries. The Municipal Government Act requires that another review be conducted in 2014.

Information regarding the 2010-2011 decision of the NSUARB and current polling district boundaries can be found at halifax.ca/BoundaryReview

This notice serves to advise residents that, as part of the public participation process for the 2014 District Boundary Review, written submissions will be received by the Office of the Municipal Clerk on any matters related to the number of polling districts and district boundaries up to 4:00pm Friday, October 10th, 2014. Submissions will be considered during the boundary review process.

Mail: Office of the Municipal Clerk
PO Box 1749 Halifax NS, B3J 3A5

Email: clerks@halifax.ca

Public hearings on the matter will be scheduled at each of the three (3) Community Councils held in October 2014, at which time in-person submissions may be made.

HALIFAX

FOR MORE INFORMATION ON MUNICIPAL MEETINGS AND EVENTS VISIT WWW.HALIFAX.CA/CALENDAR
BOX 1749, HALIFAX, NOVA SCOTIA B3J 3A5

HALIFAX.CA

Vanished Franklin Expedition ship discovered in Arctic waters

'A really important day.'
Hunk of metal leads to 'historic' break in one of the most enduring Canadian mysteries

The key to unlocking the mystery of the missing Franklin Expedition came just days ago when a coast guard helicopter pilot spotted a dark U-shaped object in the Arctic snow.

The time-ravaged hunk of metal bore the markings of the Royal Navy. It was a davit — part of a lifting mechanism, likely for a lifeboat, from one of the two lost Franklin ships.

On Tuesday, the davit sat on display in Parks Canada's Ottawa laboratory, the only tangible link to one of the

most enduring mysteries in both Arctic and Canadian history.

The remarkable find completes one half of a puzzle that gave rise to many searches throughout the 19th century.

The search team confirmed the discovery in the early morning hours of Sunday using a remotely operated underwater vehicle recently acquired by Parks Canada. It is not known yet whether the ship is HMS Erebus — the flagship on which Franklin himself was sailing — or HMS Terror.

Prime Minister Stephen Harper, who recently came close to the search area on his annual northern trip, could barely contain his delight Tuesday as he delivered news of the "great, historic" breakthrough.

"I'd say it's been the subject of scientists and historians and writers and singers," Harper said. "So I think we have a really important day in mapping together the history of our country."

THE CANADIAN PRESS

Quoted

"For more than a century, this has been a great Canadian story and mystery."

Prime Minister Stephen Harper



John Geiger, president of the Royal Canadian Geographical Society, holds an iron fitting, identified as a davit from a ship, in Ottawa on Tuesday. The artifact is being noted as the key piece of evidence that led to the discovery of a ship, seen in the inset sea-floor scan, that is believed to be one of two wrecked during the doomed Franklin Expedition of 1845. SEAN KILPATRICK/THE CANADIAN PRESS

First Nations goes to court over \$4-a-year benefit

The annual payment of \$4 to members of First Nations under an 1850 treaty has not been increased in 140 years and that is unfair, a group of chiefs is arguing as it takes the federal and Ontario governments to court.

The chiefs from the Robinson-Huron Treaty territory say the Anishnabek agreed under the treaty to share their lands and resources with newcomers and in return the Crown would pay annuities that were supposed to increase over time. But, they say, the last increase was in 1874 and they

still receive just \$4 per year.

"The Robinson-Huron Treaty anticipates and provides economic benefits for us in perpetuity," Chief Dean Sayers wrote in a statement.

"The annuity was intended to be our revenue stream, our share of the wealth generated by revenues from our territory, yet many of the beneficiaries live in poverty. This is not what our ancestors and the Crown agreed to."

There are 30,000 beneficiaries to the Robinson-Huron Treaty in 21 First Nations communities and their territory

has generated "vast amounts of revenues" from forestry, mining and other resource development, the chiefs said in a statement.

"The treaty is explicit in stating that the annuities would increase if the resource revenue generated from the territory produced such an amount as to enable the increase without incurring a loss," the chiefs said.

The chiefs want an accounting of revenue generated since the treaty signing and for the annuities to be increased.

"This is a serious, long-

standing breach of the Robinson-Huron Treaty and a breach of fiduciary obligation on the part of the Crown," Assembly of First Nations National Chief Ghislain Picard said in a statement.

"Canada has grown rich off the traditional territories of First Nations and both provincial and national economies benefit while too many of our communities and citizens face chronic poverty. This is clearly unfair and is not consistent with the Treaties and agreements we entered into in good faith with the Crown."

'Fair and honourable'

The Ontario NDP's aboriginal affairs critic said it would be "fair and honourable" for the government to sit down and work out a framework for honouring the terms of the treaty.

The allegations have not been proven in court.

Ontario's aboriginal affairs ministry wouldn't comment on the specific treaty because of the legal action,

but said in a statement that it is "moving forward with a new treaty strategy," including \$7.9 million over three years announced in the last budget.

Ontario "is committed to meeting the province's constitutional and other obligations in respect of Aboriginal Peoples," the ministry said in an email.

A spokeswoman for Aboriginal Affairs and Northern Development Canada said in an email that the department has not yet seen a statement of claim, so it couldn't comment further. THE CANADIAN PRESS

Bill C-36

Prostitution laws will protect sex workers: MacKay

Until the sex trade in Canada can be eliminated, federal laws should provide safer working conditions for sex workers, Justice Minister Peter MacKay said Tuesday.

Bill C-36 does just that, he argued — a position that continued to draw sharp criticism from some advocacy groups Tuesday at the first day of Senate hearings into the proposed law.

The new law would make prostitution illegal, but with a caveat: It provides legal immunity for those who sell sex.

THE CANADIAN PRESS

British Columbia

Mother suing over her son's shooting death by Mounties

The mother of a former Canadian soldier shot by RCMP in northern British Columbia is suing the RCMP, the province and the federal government over his death.

The civil lawsuit launched by Lorraine Matters also names an officer who arrested her as the standoff unfolded on Sept. 10, 2012, at the rural home near Prince George, B.C.

Greg Matters was being treated for post-traumatic stress disorder in September 2012 when he was shot at the home he shared with his mother.

THE CANADIAN PRESS

Toronto

Ford, Tyson come together in meeting of heavyweights

Boxing legend Mike Tyson has taken some jabs at critics of Rob Ford, defending the Toronto mayor by saying "we all make mistakes."

In a rambling exchange

with reporters after meeting Ford, the former world heavyweight champion said the mayor "has a troubled past because he has 24-hour surveillance of the press."

Tyson then told reporters that "it's not his fault, it's just that he is living his life and we are human beings — we have no idea what you do behind closed doors." THE CANADIAN PRESS

Could last refuge for the lost end up killing with kindness?

Eva's Satellite. Toronto shelter takes in problem youth barred from other safe havens, but former staff say its leniency is putting everyone at risk



Ivory credits Eva's Satellite with keeping her alive, housed and mostly off drugs.

Eva's, a youth shelter in Toronto, is where she went — first for housing, and then to learn how to properly inject heroin when she relapsed.

"When I was using heroin with my mom, I always had someone else inject it," said Ivory, 24, who asked to be identified by her nickname. "So when I had my relapse, I was able to go to them."

She started using heroin when she was nine or 10.

"My mom started using first and then to support her habit she was letting her 'friends' and dealers do whatever they wanted to her nine-year-old daughter so she could get more supply. By the time I was 12, I was prostituting with her."

Ivory had a daughter five years ago, but lost custody when her daughter was 2-1/2. Then she landed at Eva's.

Eva's Satellite is a "harm reduction" youth shelter, offering education and kits for safer drug use, as well as recreation, counselling and access to a doctor and a psychiatrist.

Homeless youth, aged 16 to 24, will find themselves barred from other shelters for drug use or aggressive behaviour. They can go to Eva's, however, because the threshold for being barred is higher.

To some in Canada, "harm reduction" is deeply misguided; to others, it's the only humane approach to treating addiction. Eva's was the first harm-reduction shelter for youth in Canada and, according to staff, still the only one of its kind.

Staff members are available 24-7. All have experience in shelters and a college diploma or university degree in social work or a related field. A doctor and a psychiatrist are available once a week for about three hours.



Karen Tizzard, program manager at Eva's Satellite, stands in front of the youth shelter on Canterbury Place in North York on Tuesday. JESSICA SMITH CROSS/METRO

Final hope

"All I know is if it wasn't for Eva's Satellite and the staff here, I would probably still be on the streets or I'd be dead." Ivory, 24, who asked to be identified by her nickname

Eva's isn't a supervised injection site. Drug use is against the rules but won't get residents automatically barred.

"All I know is if it wasn't for Eva's Satellite and the staff here, I would probably still be on the streets or I'd be dead," Ivory said.

Former staff air concerns

This spring, six employees were fired. Eva's wouldn't disclose the reason, except to say it was justified and verified.

One staff member who was let go, Nathan Hammah, worked at Eva's for five years. He told Metro that one reason the employees were fired was for sleeping on the overnight shift. The group has disputed their firing, and the issue has gone to arbitration.

Hammah said he decided to speak publicly about his concerns, not because he was fired, but because he came to believe that conditions for staff and residents were unsafe, including incidents of violence.

Hammah said that such behaviour is tacitly condoned whenever there is tolerance for drug use on the premises.

Hammah added that residents weren't getting proper care whenever on-site use led to a medical problem; he "blew up" at management over their response to a resident who had injected ketamine and was found unresponsive.

He said he told management, "You found the kid, you did not send him to the ambulance, and we're all in the office talking right now and nobody's watching this kid."

"I don't believe that a kid OD-ing with a needle in his arm means that you're providing a safe place. It means you're providing an interior place for them to get high. It's

Tolerance

"You'll have to be interacting with ... youth a day later, after they've threatened your life."

Sameera Warlond, who worked at the shelter for two years, before she was fired

not monitored," he said.

Sameera Warlond, who worked at the shelter for two years before she was fired, said the shelter's policy on drugs and alcohol also puts staff and residents at risk.

Warlond said management would overrule frontline staff and allow aggressive residents to stay. "So then you'll have to be interacting with that youth a day later, after they've threatened your life or something like that."

Warlond said the shelter's policy with alcohol is to allow intoxicated youth to stay, but insist they drink off-site.

"If they have alcohol on them then they can store it

with us," she said. "We have told management that we are very uncomfortable storing alcohol for these children, especially when ... some of them are under 19."

Shianne Pettifer, a friend of Hammah and a former resident of Eva's, said she also believes the shelter is too lenient. Pettifer said she was stabbed in the forehead by a fellow resident, who she believed was drunk or high but was allowed to return to the shelter.

Management defends shelter practices

Karen Tizzard, the program manager at Eva's, said the for-

mer staff members never said they felt unsafe until they were let go. She said they received ongoing training and, in any case where they felt ill-equipped, there was more training available.

If clients are caught doing drugs on-site, Tizzard added, they are taught about safer ways to use and ways of getting help — but aren't kicked out.

"Unfortunately in Toronto, we don't have a (supervised) injection site, so people are going to use wherever they want," she said. "Our thing is, let's keep them here so they're going to be safe."

Tizzard said incidents of drug use and mental-health crises at Eva's have never been fatal, and shelter staff know how to respond. She feels crises at Eva's are minimal considering the suffering many of the youth have experienced.

"The amount of trauma that these young people have dealt with, I can't even fathom dealing with a fraction," she said.

Alan Simpson, the residential supervisor at Eva's, said the shelter creates safety and stability for people going through a crisis. They create an individual plan for each client to reduce their risks, but overdoses have occurred.

"Is that frightening and scary for people? Absolutely. We are a harm-reduction shelter, we run a needle-distribution program, we run a pipe-distribution program. If you're coming to work here, it shouldn't be a surprise," he said.

Simpson said it's better for a drug user to be found during a room check at Eva's than not found for hours outside.

"Other youth have died in parking lots and under bridges because no one is there," he said.

Eva's also helps youth deal with their underlying problems and concurrent mental-health issues, he said.

"We're not doctors, we're not medical staff, but we do the best we can."

Tizzard and Simpson both say addiction and mental health are medical issues, not shelter issues.

More medically oriented funding would help them better address these concerns, including allowing them to hire an on-site nurse.

Calls for police assistance

Police records detail many calls from the shelter between 2010 and 2013, including 45 calls regarding apparently violent incidents.

- 21 calls for assault
- 14 calls for fights
- Five calls for sexual assault

- Four calls for "person armed with a knife"
- One call for robbery
- 24 calls for "emotionally disturbed person"
- 21 calls for "threaten suicide"

- 11 calls for "person berserk"
- Two calls for "drunk"
- Six calls for "overdose"
- 233 medical or mental health-related calls, not described in the records, where EMS workers have requested police assistance

One more thing ... It's the Apple Watch

Cupertino, Calif.
Apple bets the smartwatch's time has finally come

For the first time in years, Apple's iPhones weren't the star of the show. Apple unveiled a smartwatch on Tuesday, a wearable device that marks the company's first major entry in a new product category since the iPad's debut in 2010.

The move is significant because of recent questions about whether Apple still has a knack for innovating following the 2011 death of co-founder Steve Jobs.

The device's introduction upstaged the company's two new, larger iPhones, which won't just have bigger screens; they'll have a new, horizontal viewing mode to take advantage of the larger display.

iPhone 6

The iPhone 6 will have a 4.7-inch screen, while the iPhone 6 Plus will be 5.5 inches. The screen resolution on the Plus version will be sharper than previous iPhones, at 401 pixels per inch rather than 326.

With the larger screen comes a new horizontal view of the home screen. Usually, icons are stacked vertically, even when the phone is turned horizontally. App developers will also have new tools to rearrange their content to take advantage of that larger screen.



Apple Watch

The audience erupted with cheers as Cook proclaimed that he had "one more thing." It was how Jobs used to close his keynote addresses.

That one more thing was the Apple Watch, rather than the iWatch that many people had been speculating.

Consumer electronics companies have yet to demonstrate a compelling need for smartwatches.

The watch will require one of the new iPhones or an iPhone 5, 5s or 5c. It will be available early next year at a starting price of \$349 US.

THE ASSOCIATED PRESS



'Canada's second currency' here to stay

Western University archivist Robin Keirstead holds some historic Canadian Tire money from the Canadian Tire Heritage Collection, in London, Ont., Monday. Tired of that wad of crumpled Canadian Tire bills in your car glove box? Canadian Tire has an app for that. The retailer unveiled its plans Tuesday that will let customers collect and redeem the value of the ubiquitous bills on a loyalty card or smartphone. But that doesn't mean the colourful currency adorned by the smiling Scot, Sandy McTire, is going the way of his jaunty plaid tam and scarf. "Donated to charities, accepted at local businesses, and found tacked up in pubs around the world, many consider Canadian Tire to be Canada's second currency," said Allan MacDonald, the retailer's chief operating officer. DAVE CHIDLEY/THE CANADIAN PRESS

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Trump casinos file for Chapter 11

Trump Entertainment Resorts filed for U.S. Chapter 11 bankruptcy Tuesday and threatened to shut down the Taj Mahal Casino Resort, which would make it the fifth Atlantic City casino to close this year.

The company owns Trump Plaza, which is closing in a week, and the Taj Mahal, which has been experiencing cash-flow problems and had been trying to stave off a default with its lenders. The company said the Taj Mahal could close Nov. 13 if it doesn't win salary concessions from union workers.

It's the fourth such fil-

Liabilities

\$500M

The company filed in U.S. Bankruptcy Court in Wilmington, Delaware, saying it has liabilities of between \$100 million and \$500 million US, and assets of no more than \$50,000.

ing for the struggling casino company or its corporate predecessors.

The company filed in U.S. Bankruptcy Court in Wilmington, Delaware, saying it has liabilities of between \$100 million US and \$500 million, and assets of no

more than \$50,000. It missed its quarterly tax payment due last month, and says it doesn't have the cash to make an interest payment to lenders due at the end of the month.

It also says both its Internet gambling partners have taken steps to end their contracts with Trump Entertainment.

It said cost-cutting negotiations with the main casino workers' union have stalled, and that the company is preparing notices warning employees the Taj Mahal may close on Nov. 13.

THE ASSOCIATED PRESS

NFL star Ray Rice

Nike cuts Rice after domestic violence video surfaces

Nike is severing its business ties to Ray Rice a day after he was let go by the Baltimore Ravens and suspended indefinitely by the NFL following the release of a video showing him striking his then-fiancée in February.

Nike Inc. confirmed via email Tuesday that Rice is no longer among the athletes it is working with.

THE ASSOCIATED PRESS

Expert panel

How will Google enforce Right to be Forgotten rule?

Google chairman Eric Schmidt and a panel of experts held the first of seven public sessions Tuesday to help the company define how it should enforce a new "Right to be Forgotten" rule, under which Europeans can seek the removal of embarrassing search results.

THE ASSOCIATED PRESS

Market Minute

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Natural gas: \$3.98 US (+\$0.09)
Dow Jones: 17,013.87 (-97.55)

WHERE WILL NOSEPICKERS GO NOW?

What's up with elevators?

It used to be you could pick your nose in an elevator and remain blissfully unobserved.

Not anymore. Elevators are more like remote paparazzi these days, invading the privacy of such upstanding citizens as Beyoncé's sister, Ray Rice and Des Hague, that guy from the catering company who kicked the puppy.

You could argue that's a good thing, especially if it prevents Ray from flattening his girlfriend or Hague from kicking the puppy.

And if it comes at the loss of one of the last bastions of casual privacy, one of the few places where you can un-self-consciously adjust a wedgie without worrying if you're on Candid Camera, so be it.

Today, you can bet everyone in every elevator across the land is resolutely staring at the lights indicating the floor numbers or carefully and responsibly reading the instructions for what to do when you get stuck between floors.



JUST SAYIN'
Paul Sullivan
metronews.ca

You just have to wonder if there's anywhere we can still pick our noses in peace. Judging by the numbers of noses being picked while their owners are stuck in traffic, maybe privacy isn't necessary. But really, where's it going to end?

Almost everywhere you go, there's a camera. Even in the loo. More and more pubs and restaurants are installing cameras in their restrooms, if not directly in the stalls, as proprietors are getting tired of the shenanigans that go on as closing time approaches. You thought elevators were bad...

How long will it be before the courts decide to move cameras into private residences to enforce parole conditions, for example? And as zero tolerance and technology combine to make it easier, how long before we spend every waking — and sleeping — moment under video scrutiny?

Elevator cams may capture a bit of nasty behaviour, but

there's a whole world of pain out there, and most of the bad things people do to each other happen behind closed doors unobserved. Just think of all the crimes we could prevent by putting everyone under surveillance all the time.

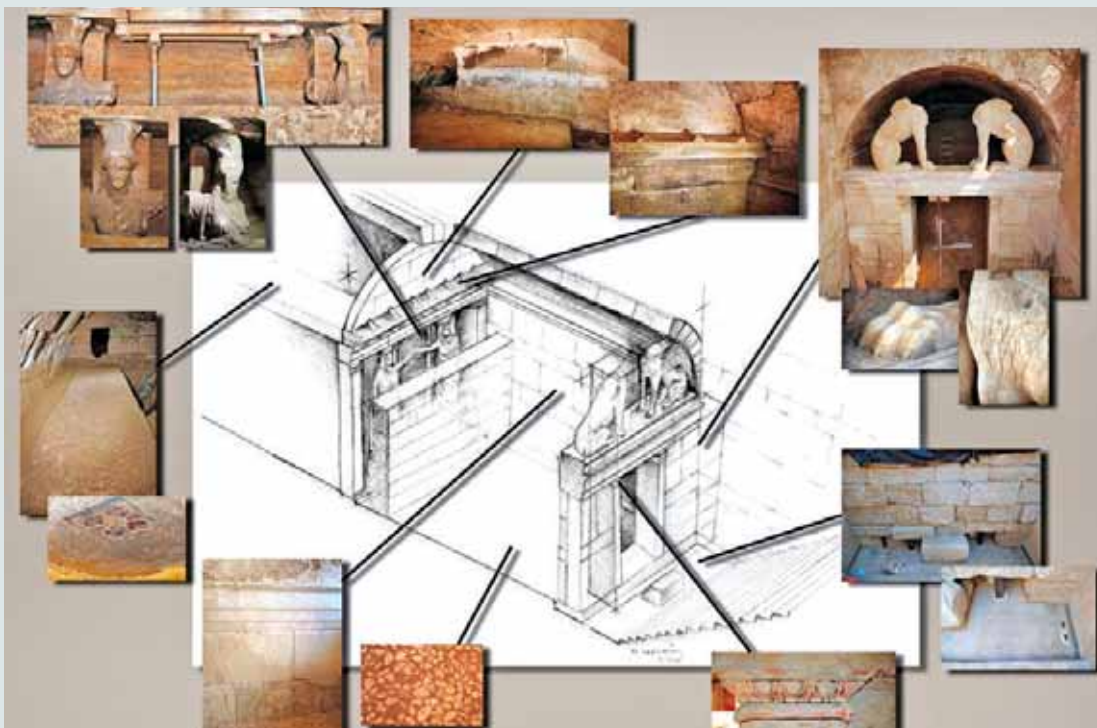
Right now you're probably thinking that it's time to get Sullivan fitted for his tinfoil hat, but think about it. We're even doing it to ourselves. You can buy sophisticated video surveillance equipment off the shelf at Canadian Tire or Costco. And home alarm companies are selling increasingly invasive video security packages that you can operate with your mobile phone.

Of course, you're not the only one operating your mobile phone.

I'm not condoning the bad things people do when they think no one else is watching, but I do wonder if we'll even notice when the last private place is gone. I'd love to see the look on your face when the realization dawns.

In fact, I'm quite sure I will, along with several million of your closest Internet BFFs.

Who lies buried here?



This graphic shows what archeologists have unearthed so far in northern Greece. GREEK CULTURE MINISTRY/THE ASSOCIATED PRESS

Archeologists show off ancient tomb discoveries

Fans of ancient history are laying bets on who was buried in the dark heart of a massive marble-walled

tomb that is slowly coming to light in northern Greece.

Dating to the tumultuous years surrounding the death of Alexander the Great, between about 325 and 300 BC, the tomb is the largest ever found in northern Greece — a resting place monumental enough for royalty.

The burial borders the ancient Aegean port of Amphipolis (near modern-day Amfipoli), which once served as the base for the fleet that Alexander the Great took on his invasion of Asia. This past weekend the excavation team, led by Greek archeologist Katerina Peristeri,

announced the discovery of two elegant caryatids — large marble columns sculpted in the shape of women with outstretched arms — that may have been intended to bar intruders from entering the tomb's main room.

NATIONALGEOGRAPHIC.COM

MetroTube

Life hacks, by hacks



ANDREW FIFIELD
andrew.fifield@metronews.ca

Obvious advice is a hack now, right? Like, a good fast-food-ordering hack is to line up at the counter. Or if you're looking for a gardening hack, try connecting your hose to the house. Thankfully, Tripp and Tyler have moved past such well-worn tips for some truly rare wisdom that you've never heard before. Though, there may be a reason these are so mysterious — perhaps they're best avoided. (YouTube/Tripp and Tyler)



Twitter

@metropicks asked: An Ohio sleepwalker hurt himself falling off a cliff. What's the strangest thing you've done while sleepwalking?

@sackvillenovasc 57m: My daughter has cooked a complete meal several times while sound asleep.

@pohl1: Once woke up sitting at the end of the bed. Was informed that I had been fishing for the last half hour.

@MeToddScott: While sleeping I'd answer my roommates math questions. Woke to him & his friend with a text book writing answers

Follow @metropicks to get in on the conversation.



SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 15 in Scene, page 20 in Life and page 27 in Sports.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
2. Hold your device over any image that has the AR logo near it. Wait for the green scan bar to read the image!
3. Voilà! You should see the AR in action.



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Hollywood takes to dolphins with a few flicks of a Flipper

Making a splash.
Dolphin Tale 2 builds on the affection for the aquatic mammals that started in the '60s



IN FOCUS
Richard Crouse
scene@metronews.ca

A new genre of movie, the boy-and-his-dolphin film, was introduced in 1963.

There had been boy-and-his-dog and girl-and-her-horse movies, but Flipper was something different — an aquatic love story about a young boy who nurses a dolphin back to health after it was accidentally speared.

Flipper became something of a sensation, spawning more movies, a television series and a catchy theme song ("They call him Flipper, Flipper, faster than lightning. No one you see, is smarter than he") but he's not the only dolphin in Hollywood's great big sea.

2011's Dolphin Tale was a movie based on the real-life relationship between a boy and Winter, an injured bottlenose dolphin. This weekend's Dolphin Tale 2, starring Harry Connick Jr.,

Ashley Judd, Kris Kristofferson, Morgan Freeman and dolphins Winter and Hope, is a continuation of Winter's tale. This time around, the good folks at the Clearwater Marine Hospital search for a companion for the lonely dolphin.

In between Flipper and Dolphin's Tale came many swimming mammal movies. There's Beneath the Blue and Eye of the Dolphin but Day of the Dolphin may win the prize for Best Movie with the Silliest Tagline. "Unwittingly he trained a dolphin to kill the President of the United States."

Loosely based on a 1967 novel by Robert Merle, this eccentric 1973 sci-fi thriller starred George C. Scott as a scientist who trains dolphins to speak English while a radical group makes plans to kidnap the sea creatures and use them to blow up the presidential yacht. The movie won a Patsy Award for Alpha the dolphin as best animal actor, but the mammal movie star wasn't available to collect the prize in person. The day after their parts were finished shooting both Alpha and co-star Ginger escaped and never returned.

The Cove was a more realistic and unsettling dolphin movie. An indictment of dolphin hunting and trade methods, particularly the



Morgan Freeman and Ashley Judd share the big screen in this sequel. Scan this photo with your Metro News app to see what Morgan Freeman has to say about making Dolphin Tale 2. CONTRIBUTED

annual dolphin slaughter in Taiji, Wakayama, Japan, it won the 2010 Academy Award for best documentary feature. One of the experts featured in the film is Ric O'Barry, former dolphin trainer on the Flipper TV series. O'Barry switched from training the mammals to advocating for the restoration of freedom for all captive dolphins and whales after one of the Flipper sea "actors" died in his arms. "A dolphin's smile is the greatest deception," he says, "It creates the illusion that they're always happy."



A scene from 1963's Flipper. CONTRIBUTED

A misunderstood smile

"A dolphin's smile is the greatest deception. It creates the illusion that they're always happy."

Ric O'Barry, former dolphin trainer on the Flipper TV series
O'Barry switched from training the mammals to advocating for their freedom.

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TOP SIX@6

Weeknights at 6 Kai counts down the HOTTEST songs of the day

- 6 Hedley Heaven In Our Headlights
- 5 Katy Perry This is How We Do
- 4 Meghan Trainor All About That Bass
- 3 Iggy Azalea ft Rita Ora Black Widow
- 2 Jessie J, Ariana Grande and Nicki Minaj Bang Bang
- 1 Taylor Swift Shake It Off

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Rock quartet Sloan's new album all four one

An uncommon Commonwealth.

Release riffs on band's
democratic paradigm

The new Sloan record, *Commonwealth*, distinguishes itself in many ways: It's a double album, the second-longest of the band's career; it's divided into four sides, each a solo showcase for one of the quartet's creative engines; and the final song is 18 minutes long, an Andrew Scott-penned marathon of superglued song sketches.

And despite all that, the new Sloan record essentially sounds quite a bit like a Sloan record.

Of course, that can be said of pretty much everything in their catalogue since their adolescent (if audacious) debut recordings *Peppermint* and *Smeared* came out in 1992.

Little that they've done since 1994's *Twice Removed* has sounded much like what was going on in rock music, but it's all sounded of a piece: sure-footed, polished power pop.

"From our second record on, it's like, what year is that, 1981? Or 1965? Or 2008?" pointed out Chris Murphy recently, surrounded at Toronto's Gladstone Hotel by his bandmates Scott, Jay Ferguson and Patrick Pentland.

"A lot of the songs, I don't know about all of them, could be on any of the records. It's fairly interchangeable. Except for a deliberate attempt to make a streamlined record on our 2003 record *Action Pact*, it's been pretty much just an eclectic, whatever you've got at the time (process). I could



Jay Ferguson, left, and Chris Murphy, of Sloan. MICHELLE SIU/THE CANADIAN PRESS

probably take all the songs that we have, which is 200 of them, and I could probably create albums out of it with different sounds or something."

Here, Pentland interjects from a nearby couch.

"It's odd, because ... in a weird way, you're kind of comparing us to AC/DC or something, where every record sounds the same. And you're probably right," said Pentland.

"But it's four AC/DCs because we're all doing our own sound throughout it."

"None of us have really changed our sound that much, I guess."

The process hasn't changed much, either. Even as *Commonwealth* boasts its "four solo records" conceit — which indeed winks at Kiss and their ill-fated series of solitary ego workouts — Murphy stresses that the only real difference was the track sequencing. The four members worked largely in isolation on writing their songs, but that's what they've always done.

In a way, the segregated nature of their contributions sort

of goes against the band's defining narrative of democracy and unity, one that sees them evenly splitting both the mic and the money.

Each member of the band agrees that Sloan wouldn't have lasted if it couldn't constitute a creative outlet for all four players. They're the first to drop the "democracy" term, by the way, although Murphy wants to clarify exactly what that means.

"We're not a democracy where (we say), 'What do you guys think of this song?' and then we all vote or something. It's not like that. It's like: 'OK, we're all in this. We're all going to give ourselves. Everybody's going to get songs, and you can do them however you want.'"

And how are disagreements handled?

"If you don't agree with someone, but the other guys do, you just have to step away and trust that they're making the right decision," Pentland replied.

"Or wait and say I told you so," THE CANADIAN PRESS

Two more cyborg films

Terminator
'vill' be back in
2017 and 2018



Arnold returns
as the cyborg.
PARAMOUNT
PICTURES
CORPORATION

Just over a month after Arnold Schwarzenegger announced on Instagram that Terminator Genisys had wrapped shooting, Paramount is already laying the groundwork for the next two movies in the franchise. **AFP**

Critically acclaimed film

Snowpiercer
gathers
momentum

Korean-American action film *Snowpiercer* is doing well following its VOD release. The train-bound sci-fi movie has made \$6.45 million in Video on Demand revenues in the two months since its release; \$4.5 million in income from cinemagoers brings the total to \$10.9 million according to distributor Radius-TWC (via Deadline.com). **AFP**

Unlocked. Bloom to join cast

Orlando Bloom, who recently revealed he is in talks to return to the *Pirates of the Caribbean* franchise, has accepted a major role in Michael Apted's forthcoming thriller. While details on his and Michael Douglas' respective roles have not been announced, Noomi Rapace will play a CIA interrogator who unintentionally leaks information to terrorists plotting a biological attack. **AFP**

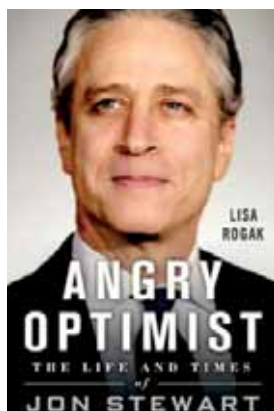
Daily Show host ain't no Mr. Nice Guy

Jon Stewart profile.
Everyone's fave fake news dude isn't much of a mensch in real life, according to unauthorized bio

EMILY LAURENCE
Metro in New York

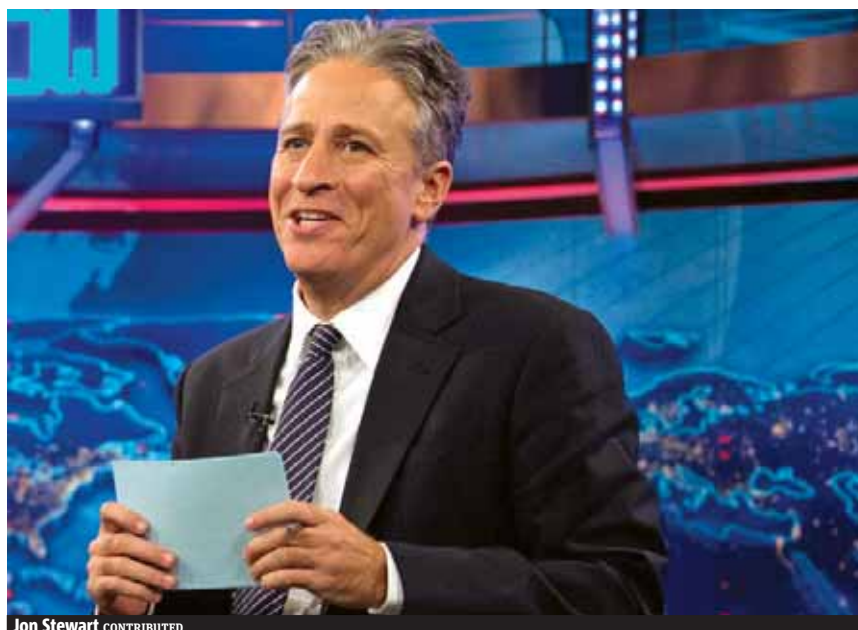
He's one of the most popular guys on TV and comes across as not only funny, but genuinely kind. But Lisa Rogak, who profiles Jon Stewart in her latest unauthorized biography, *Angry Optimist: The Life And Times of Jon Stewart* (out Sept. 9), says the TV personality has a side to him that would surprise fans.

Rogak, who has written more than 40 books including biographies of President Barack Obama, Stephen King and Shel Silverstein, says Stewart could not be more different from Stephen Colbert, someone else she released a biography about.



"When I was working on (the Colbert book), everyone went out of their way to say he's a gentleman and a genuinely nice man," she says. "When I was doing the research on Jon Stewart, nobody used those terms."

It should be noted that Rogak never interviewed Stewart or visited the set of *The Daily Show*, but instead pulled information from many, many articles and interviews about him and talked to some



Jon Stewart CONTRIBUTED

people who have worked with him or knew him growing up. And while she does point out some positive traits, the shock lies in the revelation that

Stewart is bitter and a hermit. "The angst of working on the set (was exposed) a few years ago, and in a response to that, a PR person at Comedy

Central contacted Bark magazine to do a story on how staff members could bring their dogs to work. It was like, 'Let's just stop the attention from

all the angst, inner conflict and bad boss stories," Rogak says.

Unlike many celebrities, Stewart hasn't been lured in by the Hollywood scene and is rarely seen at red carpet events or parties. While Stewart is presumably a happy family man, Rogak has her doubts about Stewart's wife, Tracey McShane. "I found one quote where she said she was anxious all the time," Rogak reports. "(Stewart) is angry all the time, but he believes everything will turn out for the better, and a part of that is his Jewish sensibility ... I think they both share a great, grand insecurity."

As for what she thinks is next for Stewart, Rogak predicts that it all depends on how the movie he directed, *Rosewater*, is perceived. "It just seems like he is going through the motions (with *The Daily Show*) and not taking a lot of risks like he used to," she says. "I wouldn't be surprised if he were to announce he was leaving the show." You heard it here first.

LIAM NEESON
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JLo decides to go it solo



Jennifer Lopez

Guys? Don't worry about Jennifer Lopez, even if she did just go through a breakup. She's going to go ahead and stay single for a while. "I'm just being on my own. I feel like I need that right now. I've been in relationships kind of back-to-back my whole life and I just needed time," Lopez tells Meredith Viera during an interview. "I need time to just chill and just know me and enjoy my kids and actually make time for other friends instead of just the relationship thing."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Prince Harry ALL PHOTOS: GETTY IMAGES

Life was a Bowles of fury for Harry's mama

Maybe the People's Princess wasn't so lovely after all, if unauthorized tell-alls are any indication. According to a new book about Prince Harry written by Penny Junor, the spare heir's late mother, Princess Diana, had something of a dark streak when it came to dealing with her rivals.

Case in point: Diana was so consumed with jealousy toward Camilla Parker Bowles that she would call Bowles' country home and declare, "I've sent someone to kill you. They're outside in the garden. Look out of the window — can you see them?" That's some bold sauce, Di.

The Word

Swiftly doesn't like drama... unless there's a song in it

NED EHRBAR
Metro in Hollywood

I suppose this counts as personal growth: Taylor Swift's songwriting has apparently progressed from being about ex-boyfriends to being about ex-friends. Or at least this one new song, *Bad Blood*, is. And with any Swift ditty, the real fun comes in trying to decipher the secret subject. Swiftian wordplay be damned. "For years, I was never sure if we were friends or not. She would come up to me at awards shows and say something and walk away, and I would think, 'Are we friends, or did she just give me the harshest insult of my life?'" Swift tells *Rolling Stone*. "(Then last year) she did something so horrible. I was like, 'Oh, we're just straight-up enemies.' And it



wasn't even about a guy!" They are never ever, ever getting facials together, if I may. So if it wasn't about a boy, what was the last straw between Swift and her mystery frenemy? "It had to do with business. She basically tried to sabotage an entire arena tour. She tried to hire a bunch

of people out from under me," Swift says. "You would not believe how much I hate conflict. So now I have to avoid her. It's awkward, and I don't like it." So I suppose if we want to figure out who she's singing about, watch which fellow singers she's not hanging out with.



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How-to

Pack a mini pharmacy kit

1. Two kinds of pain relievers: ibuprofen such as Advil and acetaminophen such as Tylenol. Combine these two for maximum pain relief.
2. Some kind of sinus congestion medicine and cold/flu tablets.
3. After-Bite, a topical ointment for minor cuts and alcohol-based wipes for disinfecting.
4. Anti-diarrhea medicine, an antacid for heartburn and anti-nausea medicine for motion sickness.
5. Rehydration salts such as Gastrolyte to replenish electrolytes lost from dehydration.
6. Various sizes of adhesive bandages and a throat lozenge or four. Check with your doctor before taking any medication. **DOUG WALLACE/METRO**

New

Drake Hotel to open in Prince Edward County, Ont.

The new Drake Devonshire has set up shop in a redone heritage building in Wellington in Prince Edward County, Ont. This all-season "Drake-by-the-Lake," designed with the help of +tongtong, has just 11 rooms and two suites. Highlights include a cantilevered dining room with a view, a Glass Box games room and outdoor pavilion, a permanent and rotating art collection, locally inspired and sourced cuisine, plus a ton of local wine (of course). Resos are now being accepted from October 1. From \$230. Visit drakedevonshire.ca. **DOUG WALLACE/METRO**

Trend

Smart suitcase tags

It's only a matter of time before we all have luggage that knows where it lives, thanks to digital baggage tags. Brands at the forefront of this trend include ReboundTAG and SuperSmart-Tags, both of which operate with a similar way, where a scanned barcode connects you to the problem via text or email, or provides itinerary info so your bag can be rerouted to wherever you are, rather than to your home. Delta Airlines, British Airways and Qantas are all flirting with this trend, either via specific phone apps or tags. No more scribbling your address on those little paper tags at the check-in counter. **DOUG WALLACE/METRO**

Quantum of the Seas cruises into the future

Due to set sail this fall, Royal Caribbean's Quantum of the Seas will be outfitted with several high-tech innovations. A luggage tracking app, robotic bartenders and apps that let crew members keep track of passengers' individual preferences are among the new tech developments.

Luggage will be tagged curbside with RFID tags, meaning that passengers will be able to track their bags in real time through a dedicated smartphone app.

At the Bionic Bar, passengers will be able to place their order through a tablet and then watch as humanoid mixologists prepare their cocktails.

A new attraction is the North Star, a glass capsule where riders rise 90 metres above the ocean to take in a panoramic view. Also new is the Ripcord, the first sky-diving simulator on the sea, which allows passengers to experience the feeling of free fall from the safety of an enclosed air machine.

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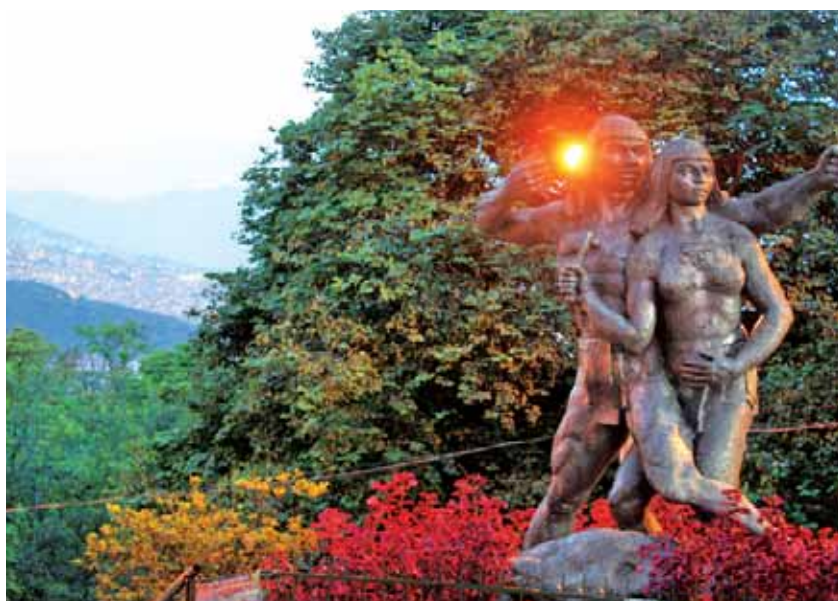
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Medellin has a progressive and innovative vibe.

Medellin

Food

The progressive and innovative vibe that permeates much of Medellin is best exemplified in El Cielo, a molecular gastronomic creation by a young chef named Juan Manuel Barrientos.

Named one of the 50 best restaurants in Latin America, El Cielo serves a 15-course meal that includes such exotic delights as fish basked in black calamari ink and apple blue cheese purée. You will be left dizzy from Barrientos's culinary creativity.

Sites

Medellin locals swell with pride at the mention of hometown hero, Fernando Botero, one of Latin America's most famous artists and the centre attraction at the Antioquia Museum. Botero's sculptures and paintings are immediately

recognizable with their super-sized, exaggerated form, as if inflated with a bike pump.

Outside the museum, 23 of his sculptures dot a bustling square full of downtown Medellin vibrancy.

Activities

On the other end of the pride spectrum is Medellin's most infamous son, Pablo Escobar, the '80s drug kingpin who lorded over the city and tainted Colombia's image with a stigma the country is still working to shake.

However, take the newly built Metro Cable up past his old barrio, Santo Domingo, and see how much positive development has changed the once cartel-ruled area, while taking in spectacular views of the surrounding mountains.

At the top is Spain Library, a fascinating architectural creation by Giancarlo Mazzanti.

Nightlife

When the sun goes down, head to Parque Lleras in the upscale area of El Poblado to see Medellin's young and fashionable come mingle in the streets as Latin rhythms flow from each direction.

From the ambient chill of Woka Lounge to the feverish salsa scene at The Rouse, there's a bar or club for every taste in this pulsating zone.

Places to Stay

Just stumbling distance from Parque Lleras is the tasteful and classic Hotel Dann Carlton.

What the rooms lack in modernity, they make up for in old-world Colombian charm.

And if you're looking for a romantic setting, check out the hotel's revolving restaurant for perhaps the most jaw-dropping, exquisite night view Medellin has to offer.

Bucket List

Casablanca and Marrakesh

You've seen the movies and sang the songs — it's time you got on the road to Morocco.

These two African towns are three hours apart by train; Casablanca is the economic and business centre, while Marrakesh is the tourist hub.

This part of the world is steeped in history with a culture so rich and colourful, you may have to spend a month winding your way through all its compel-



XOAN SAMPAÑO

ling corners. Casablanca's Hassan II Mosque features the world's tallest minaret

and the small island of Marabout de Sisi Abderahmane is where locals go to get away from it all. The Morocco Mall is the largest in all of Africa. Marrakesh is a bit more relaxed, awash in traditional markets, lush gardens, tombs and palaces, including the famous Bahia Palace.

The real draw, though, is the Moroccan countryside, which has it all: two coasts, forest, rock, farmland, desert and palm trees. Start planning at VisitMorocco.com.

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The Motorcycle Diaries will make you want to strike out on your own South American adventure. CONTRIBUTED

Five films sure to spark your wanderlust



ON THE MOVE
Loren Christie
life@metronews.ca

There are so many great movies that inspire people to travel. Admittedly my favourites may not be critically acclaimed, so I asked Metro's film critic, Richard Crouse, to weigh in on my top picks.

The Talented Mr. Ripley

This film showcases Italy from the stunning villages of the Amalfi coast to the streets of Rome and the canals of Venice. Apart from getting murdered in a rowboat, you want to live the ex-pat life of Jude Law's playboy character. Richard says, "Four stars. Much of the glamour in this smart and thrilling movie comes from the magnetic performances of Jude Law and Matt Damon."

Thelma and Louise

Who doesn't want to pack up the car and head out on an all-American road trip after watching *Thelma and Louise*? OK, maybe blowing up a rig and driving off a cliff are bad choices, but picking up a hitchhiking Brad Pitt can only be considered a trip highlight. Richard says, "Four-and-a-half stars. Called a neo-feminist road movie, this Susan Sarandon-Geena Davis film isn't just a look at the back roads of America, it reinvented the buddy picture."

Blue Crush

This movie may be aimed at teens, but the surfing shots and lush scenery in *Blue Crush* will have everyone planning a trip to Hawaii. For better or worse, it also provides some insight into what your hotel service staff may be doing with their free time! Richard says, "Three stars. The story of three Hawaiian wahinis who have crappy day

jobs to pay the rent and support their surfing addiction plays more like a travelogue with dialogue than a drama."

Chocolat

Chocolat was filmed in France's Dordogne region and a medieval village in Burgundy. This movie does a great job showcasing these lesser-known and stunning areas of the country. It also makes you realize the futility of trying to diet while on holiday. Richard says, "Four stars. *Chocolat* is a comic story with a bittersweet edge."

The Motorcycle Diaries

The *Motorcycle Diaries* covers a 12,000-kilometre trip by motorcycle, raft, truck and foot from Argentina to Peru, undertaken in 1952 by Ernesto "Che" Guevara de la Serna. Richard says, "Four stars. A political road trip that relies on its star, Gael Garcia Bernal, and the scenery for much of its appeal."

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Planning your career or considering a career move into accounting?

Identifying the skills that lead to success in the field will not only increase your job satisfaction, but also make it easier for you to build towards your long-term career goals.

Organization

Accountants are important people. They have a lot of responsibility, which means that they generally stay pretty busy.

To be a good accountant you need to have a system to keep track of those responsibilities — such as any portfolios you manage, the transactions you handle, and any important dates and deadlines you need to meet — to ensure that you fulfill all of your duties to the best of your ability.

You can make use of tools like calendars, alphabetized folders, day planners, colour-coded Post-it notes and highlighters, and apps and programs designed to help you stay highly organized in the short- and long-term.

Tip: Not sure where to start? Try creating a study schedule for each of your classes, using a day planner for your daily to-do list and starting a filing system for your notes.

Time management

Openness

Integrity is highly valued in the accounting world.

• Accountants — and the firms they work for — pride themselves on adhering to the highest ethical standards. Being transparent when making decisions and giving advice has the added benefit of improving your working relationships. It will make teamwork easier and will help you foster an environment that is respectful and collaborative.

• Tip: Ask yourself the following questions: What are my reasons for coming to this decision? Who will benefit from this? Who stands to lose? What is the short- and long-term impact of this choice? Be honest with yourself about your motives for making particular choices and see what you learn.



The top players in accounting are generally known for being visionary — for making decisions that also involve a bit of creativity. iStock

Good time-management skills go hand-in-hand with strong organizational capabilities.

The ability to work within deadlines and to continually re-prioritize your to-do list will take you far. Not only will it impress your boss, co-workers and clients, it will also help you to maintain a healthy work-life balance and keep your day-to-day productive.

Tip: Give yourself blocks of time to complete certain tasks. Got an exam coming up? Allocate four or five 2-3 hour windows to get your studying done, and make a list of what you want to accomplish during each study session.

Adaptability

The accounting industry is highly dynamic, so accountants who are able to adapt quickly and easily are at a distinct advantage.

In addition to being able to provide better services to their clients, adaptable individuals are more likely to learn and grow in their careers because they see each new challenge as an opportunity to learn and test their skills.

On a related note, it's also great to be proactive. Although it takes a bit of extra effort to be informed about changes as they happen, it definitely pays off: It will keep you on the cutting edge of the industry, earn you the respect of your peers and ensure that others look to you when planning ahead.

Tip: Next time something unexpected happens, look for the opportunity in the situation. Focus on the strengths that everyone brings to that group and use the situation as practice for navigating workplace challenges.

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C is for corporate, that wasn't good enough for Carla

Of cookies and co-hosting. Carla Hall dishes on how to make all your career dreams come true

Trust and take off

"The timing will never be right. You really have to take a leap of faith."

Carla Hall

LAKSHMI
GANDHI
Metro World News

It was a total leap of faith that led Carla Hall down an unconventional career path that took her from a steady job in accounting to being a co-host of the popular daytime talk show *The Chew*.

After graduating from Howard University with a degree in accounting, Hall landed a job as a CPA at PriceWaterHouseCoopers in Tampa, Fla. Things were going fairly well until she had a light bulb moment while working with a more senior colleague on an audit.

"I looked at the accountant working next to me and he was folding the receipts very carefully so that the edges matched up perfectly," says Hall.

"And I just thought, 'That can't be me at 40.' I was so anxious that two weeks later I quit."

Making the jump

Having been a model since her college days, she began networking and planning her next move. "I met these girls who were going to France," she explains. Hall eventually decided to join them. In preparation, she started taking French lessons from the wife of a former colleague and then, armed with one telephone number, she boarded a transatlantic flight.

Figure out what you really want

It was in France that Hall discovered her love of food. "I was just looking for signs to follow my passion," Hall says. "I sort of fell into food."

Teach yourself the skills you don't have

Because she didn't have any formal training at that point, Hall figured out the basics of cooking on her own. "I was self-taught," she says. "I was reading cookbooks. I was very

much like this generation in that the lesson was tenacity."

After returning to the U.S. from France, Hall launched her own lunch delivery service.

"I started it as a fluke," she says. "I made a friend lunch one day and brought it to their office and they liked it so much that they said, 'You should make lunch for me every day.'" And so her business, the Lunch Bunch, was born. "I went door-to-door with sandwiches and soups," she recalls. "I did that for five years before I went to culinary school."

There is no such thing as perfect timing

It's important, says Hall, not to talk yourself out of changing your path once you've made a decision to follow your dream. "If you try to plan, you'll never do it," she points out. "The timing will never be right. You really have to take a leap of faith."

Stick with it if you really want it

"I didn't know how to wrap my sandwiches when I got started," says Hall. "I worked seven days a week. You have to prepare yourself mentally, because it is a free fall."

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Snack. Superfood Cereal and Quinoa Bars



This recipe makes 12 bars. EMILY RICHARDS

These crunchy, nutty bars give you another way to use up your favourite superfood cereal mixes.

By creating your own pumpkin honey butter, you can take them to school or work without worrying about nuts.

And if you're not a granola bar fan, simply break up the bars and enjoy them with yogurt and fruit!

1. In a large nonstick skillet over medium heat, toast oats and quinoa, stirring often for about 5 minutes or until fragrant. Place in a large bowl and

stir in cereal and cinnamon; set aside.

2. In a small blender or food chopper, combine pumpkin seeds with oil and purée until smooth. Add honey and whirl until well combined. Scrape over top of oat mixture and stir to combine well.

3. Scrape mixture into an 8-inch (1.5 l) square baking pan lined with parchment. Bake in preheated 325 F (170 C) oven for about 20 minutes or until golden brown. Let cool completely before cutting into bars. EMILY RICHARDS

Ingredients

- 1 1/2 cups (375 ml) large flake rolled oats
- 1/2 cup (125 ml) quinoa, rinsed
- 1/4 cup (60 ml) chia, buckwheat and hemp cereal (such as Qi'a)
- 3/4 tsp (4 ml) ground cinnamon or cardamom
- 1/3 cup (75 ml) pumpkin seeds
- 3 tbsp (45 ml) canola oil
- 1/2 cup (125 ml) liquid honey

Pizza gets stuffed into a bun

Inspired Lunches Week. Mozzarella and other pie staples make an appearance in a veggie sandwich



DINNER EXPRESS
Emily Richards
food@metronews.ca

Looking to change up lunch while still having some fun?

Take a little bit of the extraordinary (buffalo mozzarella) and combine it with something new and different (veggie pepperoni)! With sun-dried tomatoes and a few other ingredients, your lunch-box sandwich can jump with flavour.

Ingredients

- 1 buffalo or fresh mozzarella ball (250 g), drained
- 2 oz (60 g) vegetarian pepperoni or bologna
- 2 tbsp (30 ml) finely chopped drained sun-dried tomatoes in oil
- 1 tbsp (15 ml) chopped fresh Italian parsley
- 1 small clove garlic, minced
- 1 tsp (5 ml) dried oregano
- 1/4 tsp (1 ml) salt
- Pinch hot pepper flakes
- 2 tbsp (30 ml) extra virgin olive oil
- 1 tbsp (15 ml) sherry vinegar
- 4 small soft round buns, halved
- 2 tbsp (30 ml) pesto
- 1 small tomato, sliced (optional)
- 4 leaf lettuce leaves



This recipe makes six servings. EMILY RICHARDS

Make this ahead and keep it in the refrigerator for up to two days. As it sits, the cheese absorbs more of the delicious herb and tomato flavour.

1. Chop mozzarella into bite-size pieces and place in large bowl. Dice pepperoni and add to cheese.

2. Stir in tomatoes, parsley, garlic, oregano, salt and hot pepper flakes until combined. Drizzle oil and vinegar over top to coat and toss lightly.

3. Remove some of the inside crumb of the bottom half of the bun. Spread with pesto. Spoon in the cheese mixture. Top with

FLASH FOOD

From your fridge to your table in about 30 minutes or less



lettuce, tomato, if using and top bun.

A bit of crunch, a lot of health



This Walnut and Broccoli Superblend Salad serves four. THE CANADIAN PRESS

1. In saucepan, combine water, buckwheat and quinoa and bring to boil. Reduce to a simmer, cover and cook 15 minutes. Remove from heat, fluff with a fork and let cool.

2. Heat sauté pan over medium heat and place walnuts in pan. Stir frequently until walnuts are fragrant and toasted. Remove from heat, let cool slightly and coarsely chop. Set aside.

Ingredients

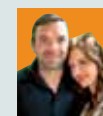
- 325 ml (1 1/3 cups) water
- 75 ml (1/3 cup) buckwheat groats
- 75 ml (1/3 cup) quinoa seeds
- 125 ml (1/2 cup) walnuts
- 750 ml (3 cups) broccoli pieces (broccoli florets and peeled and diced stalk)
- 75 ml (1/3 cup) dried sweetened cranberries
- 75 ml (1/3 cup) finely diced red onion
- 50 ml (1/4 cup) liquid honey or pure maple syrup
- 50 ml (1/4 cup) red wine vinegar
- 30 ml (2 tbsp) olive or walnut oil
- 2 ml (1/2 tsp) minced garlic
- Pinch salt (optional)

3. In a large bowl, place completely cooled grains, broccoli, walnuts, cranberries and red onion. In a small bowl, whisk together honey, vinegar, oil, garlic and salt, if using. Toss with vegetable mixture and serve.

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Food around the world

Belize (Vegan rating: 4.5/10)



MEAT AND VEG
meatandvegontheroad.
tumblr.com
Photos: Suzi Staheli
Words: Eoin Weldon

Meat, a contented carnivorous writer, documents his and his vegan fiancée Veg's dietary journey as they travel and munch their way across four continents.



Veg: Made in our rented apartment, this average meal of steamed rice with assorted

vegetables and beans was as good as it got for Veg on the island of Caye Caulker. The variety of vegetables was frustratingly slim. Some rare Chinese greens were wilted in soy sauce and cooked with onions, garlic, tomatoes and chickpeas before coconut cream was added on the side.



Meat: Equally average was my only meal out on the island at the Rainbow Grill & Bar. I ordered a prawn burrito accompanied by fries and coleslaw. All only managed to achieve mediocrity. The prawns were overcooked, the fries were cold and the meal was forgotten as soon as the last bite was swallowed.

Paving the way for future soccer stars

2015 Women's World Cup. Team Canada's Josée Bélanger believes tournament will draw young athletes to the sport



KRISTEN LIPSCOMBE
kristen.lipscombe@metronews.ca

As a young girl playing soccer in Coaticook, Que., Josée Bélanger didn't look up to any Canadian women playing at an elite level, because she didn't really know of any.

The only highly publicized woman in the game was American Mia Hamm — so that's who Bélanger, an attacker on the national women's team, looked up to as a role model when she started playing as a five-year-old girl.

"At that time, there was not really much visibility for women's sport," Bélanger said Tuesday outside of Halifax City Hal. She was promoting the 2015 FIFA Women's World Cup, which is coming to six cities across the country, including Moncton, N.B., next June 6 through July 5.

Bélanger, 28, hopes having events such as the next year's World Cup in Canada will help put the country's top players in the spotlight and get more girls on the field.

"The sport is getting more popular," she said, pointing to Canada's bronze medal-winning performance at London



National women's soccer team member Josée Bélanger poses for a photo in Halifax's Grand Parade on Tuesday. JEFF HARPER/METRO

2012 and captain Christine Sinclair becoming a household name as steps forward in growing the game.

"Now (girls) can go to soccer school," Bélanger said, adding new indoor facilities allow them to "play all-year-round" in snowy Canadian provinces.

"Also, it's accessible, so people are more interested,"

she said of what's making soccer more appealing to parents. "It doesn't cost a lot."

But there's still work to be done within our borders, and Bélanger believes having the World Cup unfold from one coast to the other will help inspire future generations of female Canadian soccer stars.

"Young players will have

the chance to be closer to the spirit of the game," she said. That's what drew her to the sport and kept her hooked.

The prestigious international event, held every four years but never before hosted in Canada, will also attract more fans to the female game, Bélanger added.

That contingent includes

Halifax sports enthusiasts, who have to drive only a few hours for "a one-time opportunity" to see the best women from the top 16 nations square off in Moncton.

"We need them," Bélanger said. "It's at home, and we want the energy that they will bring us ... it's like the 12th player on the field."

Haligonians urged to get footy fix in Moncton

The three-hour drive from Halifax to Moncton is worth it for the 2015 FIFA Women's World Cup — even though there's no guarantee Canada will kick off in the Maritimes.

That's what venue general manager Stéphane Delisle said Tuesday to encourage Nova Scotians to travel to New Brunswick, for a sporting event that comes to Canada for its first time next summer.

It's also being hosted in six different cities across the country, — a groundbreaking concept, Delisle said.

"It's not just in Vancouver, it's not just in Montreal, it's not just in Moncton — it's six cities," he said.

"It's never been done before for a sporting event," Delisle said. The Women's World Cup is also being hosted in Edmonton and Ottawa from June 6 to July 5, 2015.

"It's from coast to coast," he said. "When we host the world in Canada, we want to find a way for as many Canadians as possible to be a part of it."

So it's important that Nova Scotians, who "know

Tickets and schedule for Moncton

Stadium Passport tournament packages for Moncton Stadium, which include seven matches and range in price from \$90 to \$270, go on sale Wednesday at 1 p.m. via FIFA.com/Canada2015 and Moncton.FWWC2015.ca.

- June 9 – Group Stage
- June 13 – Group Stage
- June 15 – Group Stage
- June 17 – Group Stage
- June 21 – Round of 16

what they like in terms of going to festivals, concerts, sporting events," give the 2015 FIFA Women's World

Cup in Moncton a chance.

"This is probably the best team we're ever going to have," he said of the national

women's soccer program's recent success.

"If we can see them at home, what a way to support them."

But it won't be known until early December which teams Moncton will host, with 24 countries total qualifying. Canada gets an automatic bye as host country.

"Whether we get South Korea, whether we get Thailand, whether we get the U.S., whether we get Canada, it's about being part of a World Cup event," Delisle said.

KRISTEN LIPSCOMBE/METRO

Raonic says he's not running on empty

Tennis. Star Canadian insists he's feeling OK after gruelling U.S. Open

Canada's top men's tennis player says he's physically ready for this weekend's crucial Davis Cup playoff against Colombia, following a taxing run at the U.S. Open.

Milos Raonic, currently the No. 6-ranked singles player in the world, is expected to lead Canada's push to remain part of the elite World Group beginning Friday in Halifax.

Raonic will take to the court after his fourth-round exit last week in New York, losing a four hour, 19-minute match in oppressive heat to tournament finalist Kei Nishikori of Japan.

"The body's good," Raonic

said at a news conference Tuesday. "I'm just hungry to get back into competing."

Injuries to Raonic and teammate Vasek Pospisil contributed, but Raonic said a lot has changed since Canada's 4-1 loss in a February first-round tie with Japan. "I've been able to keep getting better."

The eighth-ranked Canadian team includes veterans Daniel Nestor and Frank

Dancevic.

Team captain Martin Laurrendeau said he expects the favoured Canadians to encounter stiff opposition from the "hungry" Colombians, who are ranked 26th in the world.

The Colombians feature Santiago Giraldo and Alejandro Falla, and top 20 doubles pair Juan Sebastian Cabal and Robert Farah.

THE CANADIAN PRESS



Milos Raonic speaks at the Halifax Metro Centre on Tuesday. JEFF HARPER/METRO

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MLB

Yankees sinking in Tampa Bay

Left-fielder Matt Joyce threw out Stephen Dreyer in the fifth inning when catcher Ryan Hanigan blocked the sliding runner, and the Tampa Bay Rays held on to beat the fading New York Yankees 4-3 Tuesday night.

New York began the night five games back for the second AL wild card with 21 games remaining, and the loss dropped the Yankees to 3-4 on their next-to-last homestand.

THE ASSOCIATED PRESS

MLB

Bautista gives Blue Jays 4-RBI jolt to top Cubs

Jose Bautista drove in four runs and starter Mark Buehrle worked seven innings as the Toronto Blue Jays defeated the Chicago Cubs 9-2 on Tuesday night at Rogers Centre.

Bautista cleared the bases with a double in the seventh inning off Chicago reliever Neil Ramirez to help Toronto (75-69) win its third straight game.

THE CANADIAN PRESS



Canada's winless streak ends at 16

Canadians Simeon Jackson, top, and Julian De Guzman, right, celebrate Tosaint Ricketts' goal in Canada's 3-1 win in Tuesday night's international friendly against Jamaica in Toronto. Canada had not won since Oct. 12, 2012, when it beat Cuba 3-0 in a World Cup qualifying game, also at BMO Field. PETER POWER/THE CANADIAN PRESS

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Once a fan favourite in Baltimore, Ray Rice is being shunned after an explicit video surfaced showing him striking his then-fiancée in an elevator. GETTY IMAGES FILE

Ravens and fans moving past Rice

Elevator attack. Team giving inexperienced players a shot at RB while fans have options in exchanging No. 27 jersey

Welcome to Baltimore — no longer the football home of Ray Rice.

Restaurants are offering free pizza in exchange for Rice jerseys, several fans are saying good riddance to the scorned running back and, on the field, the Ravens are turning to unproven players to fill the void.

Quoted

“Really, my heart just goes out to him and his family. As far as us, we’ve got a big game this week.” Ravens’ QB Joe Flacco

Since an explicit video surfaced showing Rice striking his then-fiancée in an elevator, Ravens fans have been getting rid of their No. 27 jerseys.

The Ravens said on Twitter that they’re planning to offer an exchange for Rice jerseys, and several stores are clearing their shelves of Rice memorabilia that once was a bestseller. One local tavern offered a \$10 bar tab in exchange for a Rice jersey.

Once a fan favourite in Charm City, Rice is now a pariah.

“He got what he deserved,” 49-year-old Baltimore native Kim Huffman said Tuesday. “I have his jersey, it’s the only Ravens jersey I have, and I’ll never wear it again.”

The Ravens are also moving on without Rice.

With him gone, the top three running backs on the depth chart have a combined

two NFL starts since 2010.

Baltimore entered the season thinking it would be without Rice for only two games, the length of his original suspension by the NFL for domestic violence.

Now that he’s not coming back, the Ravens are focusing on playing the entire season without the three-time Pro Bowler and franchise leader in yards from scrimmage.

“We lost one of our best players here, and he was a great Raven,” said wide receiver Torrey Smith. “It feels weird to even say that. It’s way worse for him than it is for us. We just have to get ready for the next one.” **THE ASSOCIATED PRESS**

Reliving fight a ‘horrible thing’: Wife

Ray Rice’s wife says taking away football from her husband is horrific and making the couple relive a moment they regret is a “horrible thing.”

Janay Palmer posted a statement Tuesday on her Instagram account, a day after TMZ Sports released video showing the couple on Feb. 15 in an Atlantic City casino elevator. Each hits the other before Rice knocks Palmer off her feet and into a

railing, knocking her out.

The Ravens released Rice hours after the video was released Monday and the NFL suspended him indefinitely.

Palmer wrote she awoke feeling as if she had a nightmare and accepting reality is “a nightmare in itself.” She also wrote that this is their life and they will continue to show “what real love is!”

THE ASSOCIATED PRESS



Janay Palmer and Ray Rice GETTY IMAGES FILE

Hawks fallout. Ferry still GM in Atlanta despite racially charged comments

The Atlanta Hawks are sticking with general manager Danny Ferry even though the team’s new majority owner wants him fired for racially charged comments about Luol Deng.

CEO Steve Koonin on Tuesday told the Hawks’ flagship radio station that he made the decision to discipline Ferry but allowed him to keep his job. He did not say what the punishment was, but noted that he relied on a law firm’s three-month investigation of Ferry and him describing Deng as someone who “has a little African in him.”

Ferry made the inflammatory comments about Deng in a conference call with the Hawks’ ownership group when the team pursued Deng as a free agent.

Deng responded saying, “I’m proud to say I actually have a lot of African in me, not just ‘a little.’”



Danny Ferry
GETTY IMAGES

A letter from co-owner Michael Gearon Jr. recommends that Ferry be fired. Gearon said Ferry made that description of Deng to the team’s ownership.

His June 12 letter to co-owner Bruce Levenson said Ferry went on to say, “Not in a bad way, but he’s like a guy who would have a nice store out front and sell you counterfeit stuff out of the back.”

Added Gearon: “Ferry completed the racial slur by describing the player (and impliedly all persons of African descent) as a two-faced liar and cheat.”

THE ASSOCIATED PRESS



Another American rout

Kenneth Faried of Team USA dunks against Slovenia during a FIBA World Cup quarter-final match on Tuesday in Barcelona. Klay Thompson scored 20 points and Faried added 14 as the U.S. won 119-76. Scan the image with your Metro News app for a gallery of more action from Spain. **DAVID RAMOS/GETTY IMAGES**



‘Definitive agreement’

Pegulas emerge as party to buy Bills

Ralph Wilson’s legacy to keep the Bills in Buffalo will be preserved after NHL Sabres’ owner Terry and Kim Pegula reached what was called “a definitive agreement” to purchase the NFL franchise on Tuesday.

Though the Bills were valued at \$935 million, the sale price was expected to exceed \$1 billion. **THE ASSOCIATED PRESS**

Under centre

No QB controversy here: Rams coach

Rams’ coach Jeff Fisher emphasized that quarterback Shaun Hill is still the St. Louis starter, dismissing speculation about why he yanked him at halftime of the team’s season-opening blowout loss to Minnesota.

Fisher said Hill could still start this week at Tampa Bay, but is day to day with a left quadriceps injury. **THE ASSOCIATED PRESS**

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2015 Audi A3

- **Type:** Front- or all-wheel-drive compact sedan
- **Engines:** 1.8-litre turbocharged four-cylinder (170 hp); 2.0-litre turbocharged four-cylinder (220 hp)
- **Transmission:** Six-speed automatic
- **Base price:** \$31,100 (plus destination)

Market position

The A3 will appeal to those who want luxury with smaller-car fuel efficiency, as a lower price point into the brand, or as a second car to the bigger Audi already in the driveway.

Points

- The tight turning radius, combined with the compact footprint, makes it easy to park or manoeuvre.
- The controls for the infotainment system look daunting at first, but turn out to be easy once you figure out their functions.
- Although it's new to Canada, the A3 has been sold in Europe since 1996, and this is the third generation.



To help maximize comfort up front, the rear seats are tight.

Interesting features

Stow-away central screen, panoramic sunroof, dual-clutch automatic transmission, and available active lane assist, active cruise control and blind spot monitoring.

Premium car, compact price

PHOTOS: JIL MCINTOSH



Review. Audi's A3 combines peppy engine with smooth ride and sharp handling — all starting at \$31,100

JIL
MCINTOSH
drive@metronews.ca

Premium automakers like Audi are known for their high-priced models, but many now offer more affordable compact-car entries that still provide luxury and performance.

For 2015, Audi's entry is the new A3 sedan.

It starts at \$31,100, for the 1.8-litre turbocharged four-cylinder model that makes 170 horsepower.

My tester was the turbo

2.0-litre four-cylinder model, which starts at \$35,900.

Eventually, the A3 will also offer a two-door convertible model and a diesel engine as the performance S3.

My 2.0-litre produced 220 horsepower, mated to a six-speed direct-shift gearbox — a dual-clutch automatic that sets up the next gear change as soon as the last one completes, improving performance and fuel efficiency.

The 1.8-litre comes in front-wheel drive, but the 2.0 is tied to Audi's full-time Quattro all-wheel drive.

Overall, I was very impressed with the A3. It's an excellent combination of a peppy engine, sharp handling, flat cornering, smooth ride and good highway manners, and it all comes together in one tight and cohesive package.



The coolest feature is the stereo screen, which pops up from the dash.

The cabin is elegantly designed and finished, with soft-touch surfaces and supportive seats.

The coolest feature is the stereo screen, a thin tablet that automatically rises out

of the top of the dash when the car is turned on, and then stows itself away and out of sight when it's parked.

My car was the top-of-the-line Technik trim line, at a starting price of \$42,850,

Compare



1 Mercedes-Benz CLA
Base price: \$34,300
Four-door convenience with coupe-like styling, the CLA has a 208-hp turbocharged engine and front-wheel drive.



2 BMW 228i
Base price: \$36,000
Available only as a coupe, the 2 Series makes 241 hp and is rear-wheel drive.



3 Acura ILX
Base price: \$27,990
Two available engines at 150 and 201 hp, plus there's a gas-electric hybrid model.

which added navigation with handwriting recognition: Trace letters onto the top of the system's joystick dial to spell out a name or destination, and the system will respond.

Note that there's very little legroom in the back seat. Instead, Audi has prioritized the front passengers and gives them the lion's share of the space.

That will turn off those who need more rear-seat room, especially since you can buy many excellent compacts for a fraction of the A3's price.

But there's a lot of choice in the small-car segment, and at the premium level, this one's a serious contender.

5
DRIVE



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The 500-hp Joss JP1 supercar has the potential to go from 0-100 km/h in 2.8 seconds, and reach a top speed of 340 km/h. AFP

Australia's first supercar needs a kick

Joss JP1. Crowdfunder campaign seeks funding for Aussie competitor to Ferrari, Porsche, Bugatti and McLaren

The U.K. has Aston Martin, Italy has Ferrari and Lamborghini, France boasts Bugatti and even the U.S. can pick between the Chevrolet Corvette, the Hennessey Venom and the Saleen S7. But until now, Australia hasn't had a supercar to call its own.

However, if JOSS Developments succeeds in a very bold Kickstarter campaign, the 500-hp 340-km/h JP1 could soon be filling that void.

The company, based in Victoria and staffed by a host of automotive experts, has been pursuing this dream for 16 years, and even developed a proof-of-concept prototype in 2004. The car met with universal approval at home, but due to the small demand for supercars in Australia, that approval didn't translate into sales.

The prototype has been put through its paces and tested thoroughly, the design and engineering tweaked accordingly — to the extent that the company has developed an entirely new, fuel-efficient V8 engine to power it.

JOSS now needs an investment of \$480,000 (about \$487,000 CAD) to produce an initial run of five track-only vehicles that will give McLarens and Porsches a run for their money.

But more importantly, the sale of those cars — at about \$600,000 each — will fund

Awesome Aussie

- The Joss JP1 is a 500-hp supercar with a top speed of 340 km/h.
- The Victoria company has been developing the car for 16 years.
- The first five track-only models will sell for about \$600,000 each. Road versions will be more affordable.

a road-going version that will be offered in supercar-obsessed regions of Europe and the Middle East, as well as Australia.

"We believe we have developed a genuine, high-end supercar that will hold its own, and even outperform, million-dollar-plus models from McLaren, Pagani, Ferrari, Porsche and Koenigsegg," says JOSS founder Matthew Williams, who has worked in Formula One and for Aston Martin and BMW.

The car's chassis will be built from lightweight alloy and clad with carbon composite, which will give it a weight of just 900 kg. That means it has the potential to go from 0-100 km/h in 2.8 seconds, and reach a top speed of 340.

And although the all-aluminum five-litre V8 engine was built in-house, JOSS has attracted investment and support from several major automotive companies.

The Kickstarter campaign closes Oct. 1 and, if successful, could help the JP1 become a reality within two years. AFP



Built in 2004, the JP1 prototype has met with universal approval in Australia.

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Four-door Smart car might suit North American drivers

Having ditched its outdated and clunky powertrain in favour of new technology, Smart's new-look, rear-engined 2016 Fortwo will be joined by a four-door model — the Forfour — at least in Europe. Smart owner Mercedes-Benz hasn't said if or when the larger and more versatile Smart would come to these shores, only that it might, pending a favourable business case. The rear-wheel-drive Fortwo, due to arrive in late 2015 as a 2016 model, will offer a choice of two new three-cylinder engines, one of which is turbocharged. Both will have automatic start/stop to help extend fuel economy, and a long-overdue five-speed manual transmission or an optional six speed automatic. The new look is also much more mainstream, which should help boost sales. The next Smart Fortwo will look a little more like a conventional car.

ALL STORIES AND PHOTOS FROM WHEELBASEMEDIA.COM



The next Smart Fortwo will look a little more like a conventional car, and introduces a four-door version.

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September 10

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LEGAL NOTICES

IN THE MATTER OF: The *Companies Act*, Revised Statutes of Nova Scotia, 1989, Chapter 81, Section 137, as amended
-and -
IN THE MATTER OF: The Petition of **2418174 Nova Scotia Limited (formerly named Dharma-Sushi Co. Limited)** for Leave to Surrender its Certificate of Incorporation and Certificate of Name Change.

NOTICE is hereby given that **2418174 Nova Scotia Limited (formerly named Dharma-Sushi Co. Limited)**, a body corporate, with registered office in Halifax, Province of Nova Scotia, hereby gives notice that it intends to apply to the Registrar of Joint Stock Companies of the Province of Nova Scotia for leave to surrender its Certificate of Incorporation and Certificate of Name Change and for its dissolution consequent thereon, and to have its name struck from the Register of Companies, pursuant to the provisions of Section 137 of the Companies Act.

DATED at Halifax, Nova Scotia, this 4th day of September, 2014.

James R. Morris
Morris•Bureau Barristers & Solicitors
307-6080 Young Street
Halifax, Nova Scotia B3K 5L2
Solicitor for 2418174 Nova Scotia Limited

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IN THE MATTER OF: The *Companies Act*, Revised Statutes of Nova Scotia, 1989, Chapter 81, Section 137, as amended
-and -
IN THE MATTER OF: The Petition of **Corridor Safety Training Consultants Inc.** for Leave to Surrender its Certificate of Incorporation.

NOTICE is hereby given that **Corridor Safety Training Consultants Inc.**, a body corporate, with registered office in Halifax, Province of Nova Scotia, hereby gives notice that it intends to apply to the Registrar of Joint Stock Companies of the Province of Nova Scotia for Leave to surrender its Certificate of Incorporation and for its dissolution consequent thereon, and to have its name struck from the Register of Companies, pursuant to the provisions of Section 137 of the Companies Act.

DATED at Halifax, Nova Scotia, this 4th day of September, 2014.

James R. Morris
Morris•Bureau Barristers & Solicitors
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AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

You may prefer to avoid an unpleasant or embarrassing situation rather than face it head-on but deep down you know you are merely postponing the inevitable.

♉ Taurus

April 21 - May 21

A new person will get your attention and you may even be thinking in terms of romance, but the planets warn the relationship is unlikely to last.

♊ Gemini

May 22 - June 21

Neptune can be a disruptive influence and because it is now at odds with love planet Venus it could have a negative effect on affairs of the heart.

♋ Cancer

June 22 - July 23

If you have doubts about a project others are trying to get you involved in then by all means steer clear of it.

♌ Leo

July 24 - Aug. 23

With Neptune, planet of illusion, up to its tricks today you could easily make a foolish mistake — and if you do it's unlikely others will be able to get you out of trouble.

♍ Virgo

Aug. 24 - Sept. 23

You must not ignore a loved one's feelings today, not even if you think they are getting emotional for no good reason. You can and you must show some sensitivity. Not everyone is as rational as you.

♎ Libra

Sept. 24 - Oct. 23

Someone will try to undermine your confidence today but they won't succeed. You know who you are. Their words won't change that. But they may change how you view them.

♏ Scorpio

Oct. 24 - Nov. 22

No matter how attached you are to an idea, something will happen over the next 24 hours that forces you to think again. Could it be you took certain things for granted that you now realize were simply not true?

♐ Sagittarius

Nov. 23 - Dec. 21

Your attempt to resolve a domestic dispute is not going to work today. Neptune, planet of illusion, is making it increasingly hard to see the real problem.

♑ Capricorn

Dec. 22 - Jan. 20

You want to get as much done as is physically possible but the planets warn you could easily over-extend yourself or, worse, exhaust yourself.

♒ Aquarius

Jan. 21 - Feb. 19

You may not want to admit it but you know a relationship is not working out the way you had hoped. Do you try again? Give it some thought.

♓ Pisces

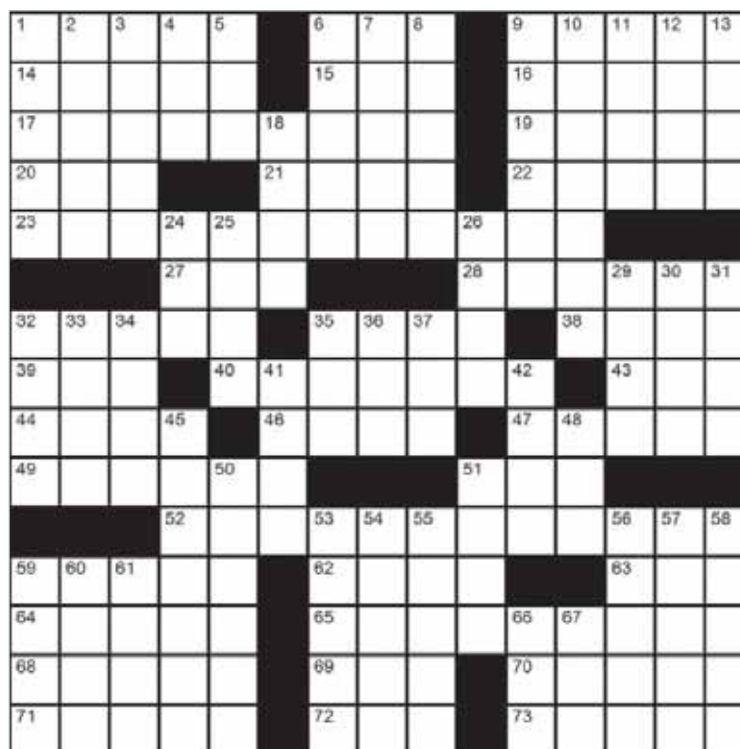
Feb. 20 - March 20

Today's Venus-Neptune link suggests you are likely to lose focus! It actually doesn't matter — fate will always guide you where you need to go.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. ___ Fraser University
6. ___ Antonio
9. Heron kind
14. Ireland's County ___
15. ___ pinch
16. Blue hue
17. Guess Who, and others: 2 wds.
19. Ms. Braga
20. Ms. Longoria
21. Singer Lou
22. Refine
23. TIFF 2014 (Toronto International Film Festival) movie set in Kawartha Lakes in Ontario, directed by Jordan Canning: 3 wds.
27. Abitibi article?
28. Bother some
32. Befuddle
35. Created
38. "Use ___ lose..."
39. Racing's Mr. Fabi
40. TIFF 2014 prize, Canada Goose Award for Best Canadian ___ Film
43. Time
44. "The Wizard ___" (1939): 2 wds.
46. '90s band, ___-Lite
47. TIFF 2014 film directed by Xavier Dolan
49. Immeasurable
51. Ms. Wasikowska of #65-Across
52. Profession of Colm Feore's character in TIFF 2014 film "Elephant Song"
59. Illegally hunt
62. "___ She Sweet"
63. Pre-Fri. day
64. Arm joint
65. Robert of TIFF 2014 film "Maps to the Stars"
68. ___ Arabia
69. 'Capri' suffix
70. Julianne who stars



in #65-Across

71. Frequently
72. Gibraltar, e.g.
73. Pretended

Down

1. Nail alternative
2. Bif Naked's "___ Myself Today"
3. Particular parrot

4. Sitcom planet
5. Omaha's state, briefly
6. Brawn
7. Stop-___
8. Of the nose
9. Nor'___ (Atlantic storm)
10. Canadian broadcaster, Peter ___

- (b.1934 - d.2002)
11. Germanic letter
12. 'Ranch' suffix
13. Shipbuilding wood
18. Mr. Vigoda's
24. Kay's follower
25. Coral formation
26. Competitor
29. Thingy

30. "Cheers" patron
31. Singer Macy
32. Canadian director Mr. Egoyan
33. Resist
34. Jim Morrison, for one
35. Ms. West
36. Devoured
37. Deserving
41. Country's Mr. Arnold
42. Give out
45. Jason Priestley's show "Beverly Hills, 90210" has a what in it?: 2 wds.
48. Row
50. The Ever After of ___ Rao (Current best-seller by Nelson, BC born novelist Padma Viswanathan)
51. Mr. Dillon
53. Organized crime chiefs
54. "Have a Little Faith in Me" by John ___
55. Prefix with 'continental'
56. "Don't worry.": 2 wds.
57. Comic actor Pauly
58. Adjusted, as pitch
59. Money in Mexico
60. Patron saint of Norway
61. Border on
66. Global currency org.
67. Cacharel perfume

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

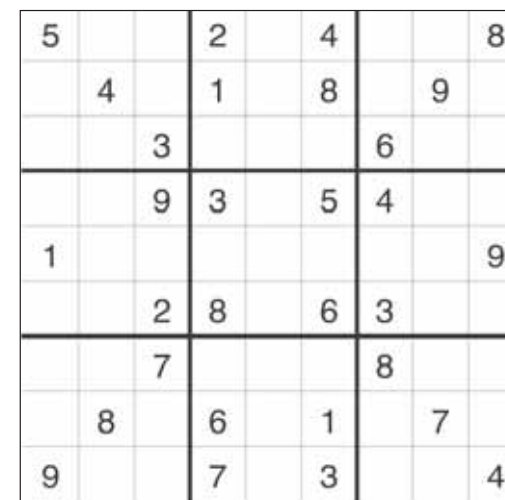


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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CLEAROUT SALE**

HURRY IN! LIMITED QUANTITIES REMAINING!

WITH EVERY PURCHASE OF A 2014 TUCSON/
SANTA FE FROM O'REGAN'S DARTMOUTH
HYUNDAI YOU GET TO PICK YOUR PRESENT!
WHILE SUPPLIES LAST.

REMAINING 200 UNITS MUST BE SOLD!

FREE

7 YEAR
WARRANTY
120,000 KM
EXCEPT SEVATIC LIMITED WARRANTY

OR

**FREE WINTER
TIRES**



2014 TUCSON 2.0 GL FWD, POWER
GROUP, A/C

WAS \$21,499

NOW
\$18,349* OR **\$50** /WEEK
\$0 DOWN

SAVE \$3,150

2014 SANTA FE 2.4 FWD, POWER GROUP,
A/C, AUTOMATIC,

WAS \$26,799

NOW
\$24,799* OR **\$68** /WEEK
\$0 DOWN

SAVE \$2,000



*Sale on all in stock models only, while supplies last. Freight, taxes and fees not included. Vehicles not exactly as shown. All offers end Sept. 30th 2014. Pick your present only with O'Regan's financing. See dealer for details.



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BEST
MANAGED COMPANIES
Platinum member

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DRIVING HIGHER STANDARDS

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